

## WETHERSFIELD SENIOR COMMUNITY CAFÉ MENU CALENDAR – **JANUARY 2023**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	CRT Closed for New Year's Day	3	Stuffed Shells w/ Tom Cream Sauce Parmesan Cheese Italian Mix Veggies Garlic Knot Fresh Fruit	4	<u>National Soup Day</u> New England Clam Chowder Oyster Crackers Potato Crumb Fish /Tartar Sc Rice Pilaf Green & Yellow Squash Fruited Yogurt	5	Rosemary Baked Chicken Baked Potato / Sour Cream Parslied Carrots 12- Grain Bread Fresh Fruit	6	<b>CLOSED FRIDAYS</b>
9	Grape Juice Beef Hot Dog on Hot Dog Bun Mustard, Relish, Ketchup Baked Beans Coleslaw Fresh Fruit	10	Orange Juice Chicken Marsala Egg Noodles 4-Way Vegetable Blend Italian Bread Jello Cup	11	Italian Sausage Baked Ziti / Parmesan Cheese Broccoli Florets Garlic Knot Fresh Fruit	12	Apple Juice Baked Pork Loin w/ Gravy Cut-Up Sweet Potatoes Brussel Sprouts Oatnut Bread Cookie	13	<b>CLOSED FRIDAYS</b>
16	CRT Closed In Observance of Holiday	17	Plain Omelet w/Ham & Pepper Cheese Sauce Lyonnaise Potatoes Prince Edward Veggies Rye Bread Fresh Fruit	18	Grilled Kielbasa Potato Pancake Capri Blend Vegetables 100 % Whole Wheat Bread Fresh Fruit	19	<u>National Ice Cream Day</u> Orange Juice Teriyaki Beef Bites Vegetable Fried Rice Asian-Style Veggies 12 Grain Bread Ice Cream Cup	20	<b>CLOSED FRIDAYS</b>
23	Grape Juice Italian Meatballs w/ Sce Bowties Green Beans Garlic Knot Wholegrain Fruit Bar	24	Chicken Ndle Soup Oven Baked Chicken Quarter w/Gravy Mac N ' Cheese Chuckwagon Bl Veggies Saltines- Fresh Fruit	25	Roast Turkey w/Gravy Stuffing Cranberry Sauce Mixed Vegetables Rye Bread Fresh Fruit	26	Baked Fish w/ Sauce Orzo Asparagus 100 % Whole Wheat Bread Fresh Fruit	27	<b>CLOSED FRIDAYS</b>
30	Chicken Alfredo w/ Penne Pasta Broccoli Florets Garlic Knot Fresh Fruit	31	Orange Juice Pot Stickers / Duck Sce Vegetable Fried Rice Seasoned Peas Wheat Dinner Roll Frosted Cake					<b>CLOSED FRIDAYS</b>	

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses  
All meals are served with milk, bread, and margarine. **SUGGESTED DONATION: \$3.00** (or what you can afford.)  
Please call **860-721-2959** by 12 noon the day before you wish to dine with us (12pm Friday for Monday reservation.)  
\*Also, please notify us 24 hours in advance, if you know you need to cancel your reservation. Thank you!