


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Stuffed Pepper with Sauce & Rice California Vegetable Blend Wheat Bread Fresh Fruit	3		4	Boneless Chicken Parmesan Pasta with Red Sauce Yellow Squash Bread Stick Fresh Fruit	5		6	
9	Swedish Meatballs With Gravy Garlic Pappardelle Prince Edward Veg Blend 100 % Whole Wheat Bread Jello Cup 100 % Fruit Punch Juice	10		11	Fish Florentine with Tartar Sauce Paprika- Diced Potatoes Parslied Baby Carrots Wheat Bread Fresh Fruit	12		13	
16	Breaded Crabcake With Tartar Sauce Tater Tots Chuckwagon Veg Blend Wheat Bread Fresh Fruit	17		18	<b>CRT CELEBRATES THE HOLIDAYS</b> Broccoli 'n Cheese Stuffed Chicken Breast, Holiday Mashed Sweet Potatoes, Green Beans, Wheat Dinner Roll, Cinnamon Apple Crisp 100 % Fruit Punch Juice	19		20	
23	Vegetable Soup Ham & Swiss Cheese Wedge with Lettuce, Mustard, on Whole Wheat Bread, Potato Salad Fresh Fruit	24		25	<b>CRT CLOSED IN OBSERVANCE OF HOLIDAY</b>	26	<b>CRT CLOSED IN OBSERVANCE OF HOLIDAY</b>	27	
30	Grande Cheese Raviolis Parmesan Cheese Italian Blend Veggies Italian Bread Fresh Fruit	31					Please be advised that our food may come in contact with or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, sesame or fish. Please advise staff of food allergies prior to your meal !		

Elderly Nutrition Program meals, provide by CRT, are served to persons 60 years of age or older and their spouses or companion.

All meals are served with milk, bread, and margarine. **SUGGESTED DONATION: \$3.00** (or what you can afford.)

**FOR RESERVATIONS,** please call **860-721-2773** by 12 noon the day before you wish to dine with us (12pm Wednesday for Monday reservation.)

\*Also, please notify us 24 hours in advance, if you know you need to cancel your reservation. Thank you!