

# WETHERSFIELD SENIOR COMMUNITY CAFÉ MENU CALENDAR – JUNE 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
5		6		7		8	1	2	<u><b>NATIONAL PICNIC DAY</b></u> Orange Juice Beef Hot Dog Hot Dog Bun Mustard, Relish, Ketchup Bkd Beans / Mixed Veg Cookie
	100 % Fruit Punch Jce Smothered Chicken Lyonnaise Potatoes Spinach 100 % Wh Wheat Brd Wholegrain Fruit Bar		Stuffed Pepper w/ Sauce Pasta Vegetable Medley Wheat Bread Fresh Fruit		Roasted Pork Loin w/ Gravy Rice Pilaf California Blend Vegetables Wheat Bread Mandarin Orange Cup		Lasagna w/ Italian Sauce Italian Blend Vegetables Bread Stick Fresh Fruit		Mild Beef & Bean Chili Baked Potato Sliced Carrots Oatnut Bread Fresh Fruit
12	Orange Juice Meatloaf w/ Gravy Garlic Mash Potatoes Spinach 12 Grain Bread Doughnut	13	Country Vegetable Soup Saltine Crackers Tuna Salad on a Kaiser Roll Potato Salad Sliced Tomatoes & Lettuce Fresh Fruit	14	Barbeque Beef Brisket Lyonnaise Potatoes Brussel Sprouts 12 Grain Bread Fresh Fruit	15	<u><b>CRT CELEBRATES FATHERS</b></u> 100 % Fruit Punch Juice Roast Beef w/ Gravy Seasoned Baby Potatoes Peas & Diced Carrots Garlic Knot Frosted Cake	16	<u><b>CELEBRATE JUNETEENTH</b></u> Grape Juice Grilld Chicken/Peach Sce 5 Cheese Mac'n Cheese Collard Greens Cornbread Loaf Sweet Potato Pie
19	CRT Closed In Observance of Holiday	20	Potato Crumb Fish w/ Tartar Sce Mashed Potatoes Broccoli Normandy 12 Grain Bread Fresh Fruit	21	Oven Baked Chicken Macaroni & Cheese Chuckwagon Vegetables 100 % Wh Wheat Bread Fresh Fruit	22	Orange Juice Ital Sausage w/ Ital Sce Parslied Pasta Capri Blend Vegetables Wholegrain White Bread Fresh Fruit	23	Roast Pork w/ Gravy Cornbread Stuffing Mixed Vegetables Garlic Knot Fresh Fruit
26	Kielbasa w/ Mustard Carmelized Onions Diced Potatoes Prince Edward Veggies Wheat Bread Fresh Fruit	27	Popcorn Shrimp Potato Wedges / Ketchup Coleslaw Oatnut Bread Fresh Fruit	28	<u><b>NATIONAL TAPIOCA DAY</b></u> Grape Juice American Chop Suey w/ Elbow Pasta Vegetable Medley Garlic Knot Tapioca Pudding	29	Glazed Baked Ham Cut-Up Sweet Potatoes Chuckwagon Vegetables 12 Grain Bread Fresh Fruit	30	100 % Fruit Punch Juice Swedish Meatballs w/ Gravy / Mashed Potatoes / Peas & Diced Carrots / 100 % Whole Wheat Bread / Cookie

Elderly Nutrition Program meals, provide by CRT, are served Monday thru Friday to persons 60 years of age or older and their spouses or companion.

All meals are served with milk, bread, and margarine. **SUGGESTED DONATION: \$3.00** (or what you can afford.)

**FOR RESERVATIONS,** please call **860-721-2959** by 12 noon the day before you wish to dine with us (12pm Friday for Monday reservation.)

\*Also, please notify us 24 hours in advance, if you know you need to cancel your reservation. Thank you!