

# SUMMER 2025

Wethersfield Parks and Recreation

(860)721-2890



## Registration -

Residents/Friends of Nature Center: Wed, 3/26 @8am

Non-Residents: Thur, 3/27 @8am

**Website** - [wethersfieldct.gov/recreation](http://wethersfieldct.gov/recreation)

**Refund Policy** - For refund details, see page 2.



SCAN QR CODE FOR  
ONLINE REGISTRATION

## STAFF

Rachael Mattioli, Director  
Jahlim Cuttino, Therapeutic Recreation Supervisor  
Dayshell Foreshaw, Technical Assistant  
John Lamb, Custodian II  
Izzy Lopez, Technical Assistant  
Amy Miller Dignoti, Senior Center Coordinator  
Angela Mull, Technical Assistant  
Natalie Morrison, Recreation Supervisor II  
Tom Nowak, Custodian II  
Sara Sorrentino, Recreation Supervisor II  
Patrick Telman, Nature Center Director

Updated 4/10

Registration Polices .....	page 2
FAQ & Community Information.....	page 3
Social & Youth Services.....	page 4
Facilities .....	page 5
Special Activities/Events .....	page 6
Aquatics .....	pages 7-10
Early Childhood .....	page 11
Therapeutic Recreation .....	pages 12-13
Nature Center .....	pages 14-16
Art & Dance/Camps.....	page 17
Youth Camps .....	pages 18-19
Youth Sports/Camps.....	pages 20-22
Adult Sports/Fitness.....	pages 23-24
Senior Center .....	pages 25-28

## ADVISORY BOARD

Michael Bisi, Chairman  
Suzanne Barton, Vice Chairman  
Ryan Alger  
Sarah Gantley  
Mary Mahar  
Karen Mann  
Stephanie Mokrycki  
Rachel Shaltz  
Shelley Carbone, Council Liaison

## Parks & Recreation Department

505 Silas Deane Highway  
860-721-2890

[rec.activities@wethersfieldct.gov](mailto:rec.activities@wethersfieldct.gov)

## William J. Pitkin Community Center

30 Greenfield Street  
860-721-2750

[community.center@wethersfieldct.gov](mailto:community.center@wethersfieldct.gov)

## Eleanor Buck Wolf Nature Center

156 Prospect Street  
860-721-2780

[nature.center@wethersfieldct.gov](mailto:nature.center@wethersfieldct.gov)

## Senior Center

30 Greenfield Street  
860-721-2770

[senior.center@wethersfieldct.gov](mailto:senior.center@wethersfieldct.gov)

# Registration Policies

**REGISTRATION:** Registration for summer programs will begin for residents and Friends of the Nature Center on Wednesday, March 26th at 8:00A and non-residents on Thursday, March 27th at 8:00A. Exceptions are indicated in the program descriptions.

- Online registration enables you to know immediately that you are registered for the desired class.
- For registration by mail or in person, please use the registration form on the last page. Copies of the registration form are accepted. Please submit forms by mail or drop off at Parks & Recreation or the Pitkin Community Center. Forms received by mail or in person will be processed at random. Forms will be accepted one week prior to the start of registration.
- Registrations by fax or phone are not accepted.

**REGISTERED HOUSEHOLD:** Register online at [rec.wethersfieldct.gov](https://rec.wethersfieldct.gov). Once your household is entered and approved in the database, you will receive a username and password by the next business day to begin registering online.

- Class participants must be registered under the household in which they reside.

**PAYMENT:** Online registration may be made by MasterCard, Visa, or Discover.

- Accepted methods of payment are cash, check or money order (payable to the Town of Wethersfield), MasterCard, Visa, or Discover.
- For financial assistance, please contact Parks & Recreation for further information.

**WAIVER:** If you have any limitations, it is your responsibility to obtain a statement from your doctor approving your participation in a program and notify the department of needed assistance. Parks & Recreation complies with the Americans with Disabilities Act by making reasonable accommodations in its programs to enable participation by people with disabilities who meet essential eligibility requirements for the specific programs and facilities.

**REFUNDS & CANCELLATIONS:** Parks & Recreation reserves the right to cancel programs and issue refunds due to insufficient registrants or causes beyond its control. Refunds will be automatic if a session is cancelled.

- All refund requests for withdrawal from a program must be made in writing and sent to [rec.activities@wethersfieldct.gov](mailto:rec.activities@wethersfieldct.gov).
  - A full refund less a \$10 processing fee per program will be given if withdrawal is requested two (2) weeks prior to the start of the program.
  - A 50% refund less a \$10 processing fee per program will be given if withdrawal is requested one (1) week prior to the start of the program.
  - REFUNDS WILL NOT BE GRANTED LESS THAN ONE WEEK PRIOR TO THE PROGRAM START DATE.

**SUMMER OFFICE HOURS:** Summer office hours are scheduled Memorial Day - Labor Day.

- Summer hours are as follows:
  - Monday to Wednesday: 8:00A - 4:30P
  - Thursday: 8:00A - 6:00P
  - Friday: 8:00A - 1:00P
- Summer hours will begin on Tuesday, May 27. Regular hours will resume on Tuesday, September 2.
- Town Hall offices will be closed Monday, May 26 in observance of Memorial Day; Friday, July 4 in observance of Independence Day; and Monday, September 1 in observance of Labor Day.

*PAPER REGISTRATION FORM ON LAST PAGE OR REGISTER ONLINE HERE* →



## PARKS AND REC REGISTRATION FAQ'S

### CREATE AN ONLINE ACCOUNT

01



Creating an account through our website allows you to register online, know when a new brochure is available, and when registration will begin. It is best to create your account prior to registration opening to prevent any delays in the registration process.  
[rec.wethersfieldct.gov](http://rec.wethersfieldct.gov)

02

### REGISTER IN-PERSON

Registering in person is a great way to get registrations in early. When submitting a paper registration form staff will keep the form and process the form on first day of registration. Paper registrations can be printed from our website or picked up in the office. You can mail, email, or hand deliver your forms.



### FINANCIAL ASSISTANCE

03



We understand times are tough and we are here to work with families to make sure everyone can enjoy the programs we offer. Please reach out to Social and Youth Services or stop in for more  
**(860) 721-2830**

04

### POOL PASS BARCODE

Pool passes are located virtually via your Parks and Rec online account under 'My Memberships'. Take a screenshot of the barcode and keep it in your phone for easy access during the summer and winter seasons.



05

### WETHERSFIELD YOUTH SPORTS LEAGUES

Parks and Rec offers a variety of activities; however, we do not process registrations for the following leagues: Wethersfield Eagles Football and Cheer, George D. Ritchie Soccer Club, Wethersfield Little League, Wethersfield Basketball Association, Wethersfield Field Hockey, and Wethersfield Lacrosse. See page 21 for registration information.



## COMMUNITY INFORMATION

### VETERANS COFFEE HOUSE

On the 4th Tuesday of every month at 9:30A veterans are welcomed to visit the Senior Center for pastries/donuts, coffee and conversation. Please note there will be no coffee house in August.



For a list of things to see and do in Wethersfield, where to stay, eat, and shop, along with an events calendar, please visit Historic Wethersfield at [wethersfieldct.gov/visitor-information](http://wethersfieldct.gov/visitor-information)

### TOWN EMERGENCY SHELTER

Location: William J. Pitkin Community Center, 30 Greenfield Street. During town-wide emergencies an announcement will be made if opened. Shelter can be reached at 860-721-2750.



**theGreatElm**  
LIVE. WORK. PLAY. DISCOVER WETHERSFIELD.

The Great Elm is a community website that allows residents to get involved in groups, clubs, organizations, and more in town.

**Live. Work. Play. Discover Wethersfield.**



**THE DEPARTMENT OF SOCIAL, YOUTH,  
AND SENIOR SERVICES**

The Department of Social, Youth, and Senior Services is responsible for assisting residents with social, emotional, and economic needs, and the coordination of resources to improve the quality of life.

**YEARLY PROGRAMS\***

**CAMP FUND**

Applications are accepted on a first come first served basis. There is a limit of \$250 per child for 1 camp session (whichever is of lesser value).

**SCHOOL SUPPLIES**

Applications are typically accepted from mid-June to early-August.

**THANKSGIVING FOOD PROGRAM**

Applications are accepted starting October 1. You will be contacted with a pick up day and time. Food is for household members only.

**HOLIDAY GIFT PROGRAM**

Applications are accepted starting October 1. Distribution will be at the Community Center—date to be determined. Includes infants to students (age 18) still enrolled in high school.

\*All applicants for each program must apply at the Department of Social and Youth Services. Each applicant must provide the following verification: proof of residence in the town of Wethersfield (current utility bill) and proof of household income for the last 4 weeks.

**505 SILAS DEANE HIGHWAY  
WETHERSFIELD, CT 06109  
TEL: (860) 721-2880 FAX: (860) 721-2206  
MONDAY- FRIDAY 8:00 A.M. TO 4:30 P.M.  
WWW.WETHERSFIELDCT.GOV/SOCIAL**



**AVAILABLE SERVICES & PROGRAMS**

- Assistance for Disabled Under 60 Years of Age
- Senior Center - Programs and Activities
- Community Cafe - Nutritional Lunch Program for Seniors
- Computer Learning Center - At The Senior Center
- Elderly Outreach and Case Management
- Veteran Services
- Tax Preparation Assistance
- Transportation (DIAL-A-RIDE)
- Energy Assistance
- Food Pantry
- Renter's Rebate
- Health Insurance Options (C.H.O.I.C.E.S.)
- Mobile Foodshare
- After School Achievement Program (a.s.A.p)
- Friday Night Hangout
- Youth and Family Counseling Referrals
- Crisis Intervention
- Babysitter Lessons and Safety Training (BLAST) Classes
- Youth Diversion Program
- Youth Advisory Board (YAB)
- YAB IT! Scholarship Award
- Weekend and Summer Meals For Kids
- We.H.O.P.E. (Wethersfield Helping Others through Prevention & Education)
- SYELP (Summer Youth Employment & Learning Program)



**We.H.O.P.E.**

**WILLIAM J. PITKIN COMMUNITY CENTER**

30 Greenfield Street. Houses the Senior Center, Wethersfield Community Television, 9/11 Memorial Sports Center, The Learning Circle Preschool and other programs. Rooms may be rented for wedding receptions, anniversaries, birthdays, meetings, etc. The facility is a designated shelter during town-wide emergencies.

**9/11 MEMORIAL SPORTS CENTER**

30 Greenfield Street. Located in the Pitkin Community Center. Facility includes gym, fitness room and meeting room with wireless internet access. Developed in partnership with the Keane Foundation, this area also displays steel recovered from the ruins of the World Trade Center. The gym is available for rental though the Pitkin Community Center.



**SOLOMON WELLES HOUSE**

220 Hartford Avenue. An historic house built in 1774 overlooking the Wethersfield Cove. Residents and local businesses may rent this facility for meetings and small parties up to 52 people.



**ELEANOR BUCK WOLF NATURE CENTER**

156 Prospect Street. An environmental education center in Mill Woods Parks operated with member support. Exhibits, live animals, educational programs, field trips, parties, room rentals, scout programs and volunteer opportunities. For visiting hours and program offerings please see page 14.



**STANDISH PARK**

Garden Street & Hartford Avenue. Features Mikey's Place (two universally accessible playscapes for toddlers & children), basketball court, baseball field, tennis and pickleball courts.

**WINTERGREEN WOODS**

Folly Brook Boulevard & Eagle Drive. Features walking trails through 110 acres of forest and wetlands. The Heritage Way Bikeway/Pedestrian Path connects to other parks.

**MILL WOODS PARK**

Prospect Street at Wolcott Hill Road. Features Loretta's Dream Pavilion, skate park, playground, bocce, tennis and basketball courts, sports fields, picnic area, walking paths, playgrounds and a dog park.

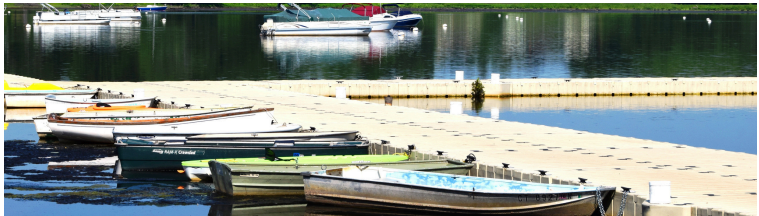


**WETHERSFIELD COVE & BOAT LAUNCH**

Main Street. Marina includes docks and new boat launch with access to the CT River. Tender cleats and mooring rentals are available, weather and conditions permitting, Memorial Day through Columbus Day. Mooring and tender cleat rentals are available online or at the Parks & Recreation office.

<b>Fees collected at the Cove:</b>	<b>Res/NonRes</b>
Daily launching fee	\$10/\$20
Daily Town mooring rental	\$20/\$25
Daily anchorage space rental	\$10/\$15
Daily overnight parking fee	\$7/\$15

<b>Services sold at Parks &amp; Rec/online:</b>	<b>Res/NonRes</b>
Season Town mooring rental	\$125/\$200
Season tender cleat rental	\$75/\$100
Season anchorage space rental	\$100/\$150
Season launching pass (coming soon)	\$100/\$150





**FOUR TOWN WALKING COMPETITION**

CCHD challenges all Health District residents and employees working or living in Berlin, Newington, Rocky Hill and Wethersfield to join this friendly neighborhood competition. The Competition runs from May 1st – May 31st. Thanks to Anthem Blue Cross & Blue Shield, participants will log their steps using the Walker Tracker website or app. Registration begins online Monday, April 1st at <https://cchd4town.walkertracker.com> Get ready to start moving and WALK THIS MAY.



**MEMORIAL DAY PARADE**

Saturday, 5/24, beginning at 9:00A. This year’s theme is “Military 250 - Honoring Army, Navy and Marine Corps.” A brief ceremony will be held at Village Cemetery following the parade to honor all those who sacrificed their lives in time of war. For more information, visit [wethersfieldct.gov/memorial-day](http://wethersfieldct.gov/memorial-day).



**WETHERSFIELD FIREWORKS**

Saturday, 5/31, 5:00P - dark at Cove Park (next to DMV). Rain date: 6/7. Food trucks, Entertainment, Kids Activities, & Fireworks Display. Visit [wethersfieldct.gov/fireworks](http://wethersfieldct.gov/fireworks) for more information.



**CONNECTICUT TRAILS DAY**

Celebrate the outdoors and take a friend for a hike, ride, walk or paddle. Events will be held locally and statewide Saturday, 6/7 and Sunday, 6/8. For a complete schedule visit [ctwoodlands.org/ct-trails-weekend](http://ctwoodlands.org/ct-trails-weekend). See page 14 for details.



**ELEANOR BUCK WOLF DAY**

Saturday, 6/7, 11:00A - 3:00P. EBW Nature Center. Celebrate the legacy of Wethersfield resident Eleanor Buck Wolf for whom the Nature Center is named. See page 14 for details.



**NATIONAL NIGHT OUT**

Tuesday, 8/5, 5:30 - 8:00P at Greenfield Park. Wethersfield Police Department, in partnership with the Town, hosts a fun- filled night of activities, music and food for residents. National Night Out is an annual community building campaign that promotes police-community partnerships and neighborhood camaraderie to make neighborhoods safer, better places to live.



**ANNUAL DOG SWIM**

Saturday, 8/23, 10:00A – 3:00P at Mill Woods Pond. Rain date: Sunday, 8/24. Additional information will be available on our website and Facebook page.



**WETHERSFIELD TEEN THEATER PRODUCTION**

**SOUND OF MUSIC**

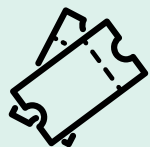
Thursday, 7/24 at 7:30P

Friday, 7/25 at 7:30P

Saturday, 7/26 at 2:00P & 7:30P

Wethersfield High School Auditorium

\$10 - Seniors and Students, \$15 - Adults  
[www.wethersfieldfieldteentheater.org](http://www.wethersfieldfieldteentheater.org)



**DAILY ADMISSION**

Resident

Adult - \$4

Child (under 18) - \$2

Non-resident

Adult - \$5

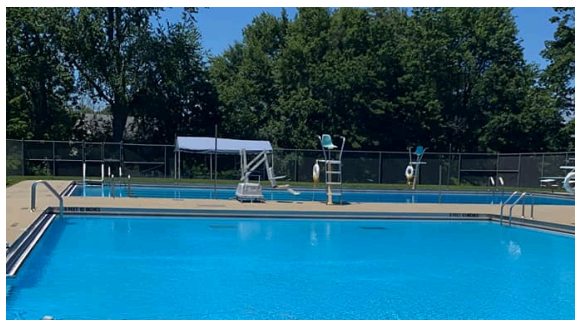
Child (under 18) - \$3

\*Must show proof of age and residency

\*Kids 11 & under must be accompanied by an adult

\*Non-residents must be accompanied by a resident adult

# WILLARD Pool



# Mill Woods Pond



## SUMMER 2025 SCHEDULE

*\*Reduced Hours: 6/13 - 6/16 & 7/4 (open 1:00-5:00P)\**

### WILLARD POOL

6/13/25 - 8/8/25

Recreational Swimming

Mon - Sun: 1:00-7:00P

Wading Area Only

Mon - Thurs: 10:40A - 12:05P

### MILL WOODS POND

6/13/25 - 8/22/25

Recreational Swimming

Mon - Thurs: 1:00-7:00P

Fri - Sun: 1:00-5:00P

Wading Area Only

Mon - Thurs: 10:00A - 11:25P



### SWIM LESSONS

#### SPECIAL INSTRUCTIONS

\*Swim lessons are available to residents only

\*Pool pass is required before purchasing swim lessons

\*Check prerequisites in class descriptions

\*Instructors *may* re-assign level placement based on skills and availability

\*Lessons will be cancelled for thunder or lightning and will not be rescheduled

### SUMMER POOL PASS

Valid at Mill Woods Pond and Willard Pool.

#### Individual Pass \$40

Available to any resident or child.

#### Family Pass \$65

Available to two (2) adults as well as children living in the same household. Additional adult(s) living in the household must purchase an individual or family pool pass. Please remember to list all family members on the pass.

Passes will not be sold at the pool. Daily admission cannot be credited toward purchase of a pass. A pool pass is required for swim lessons.

To purchase a pool pass, visit [rec.wethersfieldct.gov](https://rec.wethersfieldct.gov) and select Passes & Memberships. Each household member will be issued their own barcode that will be scanned for admission every time a pool is visited. If you already have a barcode from a past season, click "renew" when purchasing. Your barcode can be found under "My Account", "My Memberships."

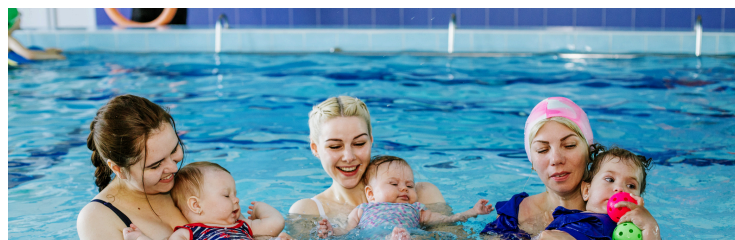


## PARENT AND CHILD AQUATICS

Age 1 ½ - 3. Children will have fun in the water while being exposed to basic swimming skills through games, songs and activities. Learning objectives: Exit and enter the water in a safe manner, in water exploration, bob, leg and arm action on front and back individually and combined, roll from front to back and back to front, front and back float, and glide with assistance. Min/Max: 2/10.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/26	M-Th	10:00-10:40A	\$20	101040-01
6/17-6/26	M-Th	2:30-3:10P	\$20	101040-02
6/17-6/26	M-Th	4:45-5:25P	\$20	101040-03
6/30-7/10	M-Th	10:00-10:40A	\$20	101040-04
6/30-7/10	M-Th	2:30-3:10P	\$20	101040-05
6/30-7/10	M-Th	4:45-5:25P	\$20	101040-06
7/14-7/24	M-Th	10:00-10:40A	\$20	101040-07
7/14-7/24	M-Th	2:30-3:10P	\$20	101040-08
7/14-7/24	M-Th	4:45-5:25P	\$20	101040-09
7/28-8/7	M-Th	10:00-10:40A	\$20	101040-10
7/28-8/7	M-Th	2:30-3:10P	\$20	101040-11
7/28-8/7	M-Th	4:45-5:25P	\$20	101040-12

Date	Day	Time	Res/NonRes	Code
<b>Willard Pool</b>				
6/17-6/26	M-Th	11:25A-12:05P	\$20	101040-20
6/30-7/10	M-Th	11:25A-12:05P	\$20	101040-21
7/14-7/24	M-Th	11:25A-12:05P	\$20	101040-22
7/28-8/7	M-Th	11:25A-12:05P	\$20	101040-23



## PRE-SCHOOL AQUATICS

Age 4-5. Prerequisite: Ages 4-5 or age 3 and completed Parent/Child Aquatics. Students become familiar with the aquatic environment. Learning objectives: Enter and exit water using ladder, steps or side, bob, open eyes underwater and retrieve submerged objects, front and back glide, front and back float, recover from a front and back float or glide to a vertical position, roll from front to back and back to front, tread water using arm and leg actions, combined arm and leg actions on front and back and finning arm action on back. Min/Max: 2/6.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/26	M-Th	2:30-3:10P	\$20	101041-01
6/17-6/26	M-Th	3:15-3:55P	\$20	101041-02
6/17-6/26	M-Th	5:30-6:10P	\$20	101041-03
6/30-7/10	M-Th	2:30-3:10P	\$20	101041-04
6/30-7/10	M-Th	3:15-3:55P	\$20	101041-05
6/30-7/10	M-Th	5:30-6:10P	\$20	101041-06
7/14-7/24	M-Th	2:30-3:10P	\$20	101041-07
7/14-7/24	M-Th	3:15-3:55P	\$20	101041-08
7/14-7/24	M-Th	5:30-6:10P	\$20	101041-09
7/28-8/7	M-Th	2:30-3:10P	\$20	101041-10
7/28-8/7	M-Th	3:15-3:55P	\$20	101041-11
7/28-8/7	M-Th	5:30-6:10P	\$20	101041-12
<b>Willard Pool</b>				
6/17-6/26	M-Th	10:40-11:20A	\$20	101041-20
6/30-7/10	M-Th	10:40-11:20A	\$20	101041-21
7/14-7/24	M-Th	10:40-11:20A	\$20	101041-22
7/28-8/7	M-Th	10:40-11:20A	\$20	101041-23

## LEVEL 1: INTRODUCTION TO WATER SKILLS

Age 5-13. Prerequisite: Ages 5+ or age 4 and completed Preschool Aquatics. Students learn how to feel comfortable in the water and safely enjoy it. Learning objectives: Enter and exit water independently, blow bubbles through mouth and nose, bob, open eyes under water and retrieve submerged objects, front and back glides and floats, recover from float or glide to vertical position, roll from front to back and back to front, tread water using arm and hand actions, alternating and simultaneous arm and leg actions on the front and back, combined arm and leg actions on front and back and follow basic water safety rules. Min/Max: 2/10.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/26	M-Th	10:45-11:25A	\$20	101042-01
6/17-6/26	M-Th	2:30-3:10	\$20	101042-02
6/17-6/26	M-Th	6:15-6:55P	\$20	101042-03
6/30-7/10	M-Th	10:45-11:25A	\$20	101042-04
6/30-7/10	M-Th	2:30-3:10P	\$20	101042-05
6/30-7/10	M-Th	6:15-6:55P	\$20	101042-06
7/14-7/24	M-Th	10:45-11:25A	\$20	101042-07
7/14-7/24	M-Th	2:30-3:10P	\$20	101042-08
7/14-7/24	M-Th	6:15-6:55P	\$20	101042-09
7/28-8/7	M-Th	10:45-11:25A	\$20	101042-10
7/28-8/7	M-Th	2:30-3:10P	\$20	101042-11
7/28-8/7	M-Th	6:15-6:55P	\$20	101042-12
<b>Willard Pool</b>				
6/17-6/26	M-Th	10:40-11:20A	\$20	101042-20
6/30-7/10	M-Th	10:40-11:20A	\$20	101042-21
7/14-7/24	M-Th	10:40-11:20A	\$20	101042-22
7/28-8/7	M-Th	10:40-11:20A	\$20	101042-23



**LEVEL 2: FUNDAMENTALS OF AQUATICS SKILLS**

Age 5-13. Prerequisite: Successful completion of Level 1. Students learn basic swimming skills. Learning objectives: Enter and exit water by stepping or jumping from the side, fully submerge and hold breath, bob, open eyes under water and retrieve submerged objects, front, jellyfish and tuck floats, front and back glides and floats, recover from float or glide to vertical position, roll from front to back and back to front, change direction of travel while swimming on front or back, tread water using arm and leg actions, combined arm and leg actions on front and back and finning arm action. Min/Max: 2/10.

Date	Day	Time	Fee	Code	Date	Day	Time	Res/NonRes	Code
<b>Mill Woods Park</b>					<b>Willard Pool</b>				
6/17-6/26	M-Th	10:00-10:40A	\$20	101043-01	6/17-6/26	M-Th	11:25A-12:05P	\$20	101043-20
6/17-6/26	M-Th	3:15-3:55P	\$20	101043-02	6/30-7/10	M-Th	11:25A-12:05P	\$20	101043-21
6/17-6/26	M-Th	4:45-5:25P	\$20	101043-03	7/14-7/24	M-Th	11:25A-12:05P	\$20	101043-22
6/30-7/10	M-Th	10:00-10:40A	\$20	101043-04	7/28-8/7	M-Th	11:25A-12:05P	\$20	101043-23
6/30-7/10	M-Th	3:15-3:55P	\$20	101043-05					
6/30-7/10	M-Th	4:45-5:25P	\$20	101043-06					
7/14-7/24	M-Th	10:00-10:40A	\$20	101043-07					
7/14-7/24	M-Th	3:15-3:55P	\$20	101043-08					
7/14-7/24	M-Th	4:45-5:25P	\$20	101043-09					
7/28-8/7	M-Th	10:00-10:40A	\$20	101043-10					
7/28-8/7	M-Th	3:15-3:55P	\$20	101043-11					
7/28-8/7	M-Th	4:45-5:25P	\$20	101043-12					



**LEVEL 3: STROKE DEVELOPMENT**

Age 5-13. Prerequisite: Successful completion of Level 2. Additional guided practice helps students improve skills. Learning objectives: Enter water by jumping from side, headfirst entries from the side in sitting and kneeling positions, bobbing while moving toward safety, rotary breathing, survival float, change from vertical to horizontal position on front and back, tread water, flutter, scissor, dolphin and breaststroke kicks on front, front crawl, back crawl and elementary backstroke. Min/Max: 2/10.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/26	M-Th	10:45-11:25A	\$20	101044-01
6/17-6/26	M-Th	1:45-2:25P	\$20	101044-02
6/17-6/26	M-Th	5:30-6:10P	\$20	101044-03
6/30-7/10	M-Th	10:45-11:25A	\$20	101044-04
6/30-7/10	M-Th	1:45-2:25P	\$20	101044-05
6/30-7/10	M-Th	5:30-6:10P	\$20	101044-06
7/14-7/24	M-Th	10:45-11:25A	\$20	101044-07
7/14-7/24	M-Th	1:45-2:25P	\$20	101044-08
7/14-7/24	M-Th	5:30-6:10P	\$20	101044-09
7/28-8/7	M-Th	10:45-11:25A	\$20	101044-10
7/28-8/7	M-Th	1:45-2:25P	\$20	101044-11
7/28-8/7	M-Th	5:30-6:10P	\$20	101044-12
<b>Willard Pool</b>				
6/17-6/26	M-Th	10:40-11:20A	\$20	101044-20
6/30-7/10	M-Th	10:40-11:20A	\$20	101044-21
7/14-7/24	M-Th	10:40-11:20A	\$20	101044-22
7/28-8/7	M-Th	10:40-11:20A	\$20	101044-23

**LEVEL 4: STROKE IMPROVEMENT**

Age 6-13. Prerequisite: Successful completion of Level 3. Students gain confidence during swim lessons, improve strokes and gain additional aquatic skills. Learning objectives: Headfirst entries from the side in compact and stride positions, swim under water, feet first surface dive, survival swimming, front crawl and backstroke open turns, tread water using 2 different kicks, front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly, and flutter and dolphin kicks on back. Min/Max: 2/10.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/26	M-Th	10:00-10:40A	\$20	101045-01
6/17-6/26	M-Th	1:45-2:25P	\$20	101045-02
6/17-6/26	M-Th	6:15-6:55P	\$20	101045-03
6/30-7/10	M-Th	10:00-10:40A	\$20	101045-04
6/30-7/10	M-Th	1:45-2:25P	\$20	101045-05
6/30-7/10	M-Th	6:15-6:55P	\$20	101045-06
7/14-7/24	M-Th	10:00-10:40A	\$20	101045-07
7/14-7/24	M-Th	1:45-2:25P	\$20	101045-08
7/14-7/24	M-Th	6:15-6:55P	\$20	101045-09
7/28-8/7	M-Th	10:00-10:40A	\$20	101045-10
7/28-8/7	M-Th	1:45-2:25P	\$20	101045-11
7/28-8/7	M-Th	6:15-6:55P	\$20	101045-12
<b>Willard Pool</b>				
6/17-6/26	M-Th	11:25A-12:05P	\$20	101045-20
6/30-7/10	M-Th	11:25A-12:05P	\$20	101045-21
7/14-7/24	M-Th	11:25A-12:05P	\$20	101045-22
7/28-8/7	M-Th	11:25A-12:05P	\$20	101045-23

**LEVEL 5: STROKE REFINEMENT**

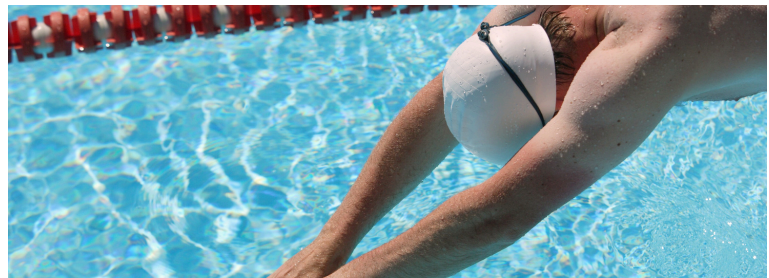
Age 6-13. Prerequisite: Successful completion of Level 4. Students learn to refine strokes and become more efficient swimmers. Learning objectives: Shallow-angle dive from the side then glide and begin a front stroke, tuck and pike surface dives (submerge completely), front and back flip turns while swimming, front and back crawl, elementary backstroke, breaststroke, sidestroke, butterfly and sculling. Min/Max: 2/10.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/26	M-Th	10:45-11:25A	\$20	101046-01
6/17-6/26	M-Th	1:45-2:25P	\$20	101046-02
6/17-6/26	M-Th	3:15-3:55P	\$20	101046-03
6/30-7/10	M-Th	10:45-11:25A	\$20	101046-04
6/30-7/10	M-Th	1:45-2:25P	\$20	101046-05
6/30-7/10	M-Th	3:15-3:55P	\$20	101046-06
7/14-7/24	M-Th	10:45-11:25A	\$20	101046-07
7/14-7/24	M-Th	1:45-2:25P	\$20	101046-08
7/14-7/24	M-Th	3:15-3:55P	\$20	101046-09
7/28-8/7	M-Th	10:45-11:25A	\$20	101046-10
7/28-8/7	M-Th	1:45-2:25P	\$20	101046-11
7/28-8/7	M-Th	3:15-3:55P	\$20	101046-12
<b>Willard Pool</b>				
6/17-6/26	M-Th	11:25A-12:05P	\$20	101046-20
6/30-7/10	M-Th	11:25A-12:05P	\$20	101046-21
7/14-7/24	M-Th	11:25A-12:05P	\$20	101046-22
7/28-8/7	M-Th	11:25A-12:05P	\$20	101046-23

**LEVEL 6: FUNDAMENTALS OF DIVING**

Age 6-13. Prerequisite: Successful completion of Level 5. Students learn to swim with ease and efficiency and gain the ability to swim smoothly over greater distances. Learning objectives: Increase endurance while swimming front and back crawls, butterfly, elementary backstroke, breaststroke, and sidestroke. Demonstrate front and back flip turns and open turns for freestyle, backstroke, breaststroke, sidestroke, and butterfly. Dive from deck and diving board in kneeling, forward dive fall-in and standing positions. Forward dive from tuck and pike positions with takeoff and swim 500 yards continuously using any 3 strokes of choice. Min/Max: 2/10. Willard Pool only.

Date	Day	Time	Fee	Code
6/17-6/26	M-Th	10:40-11:20A	\$20	101050-01
6/30-7/10	M-Th	10:40-11:20A	\$20	101050-02
7/14-7/24	M-Th	10:40-11:20A	\$20	101050-03
7/28-8/7	M-Th	10:40-11:20A	\$20	101050-04



**BARRACUDAS SWIM TEAM**

Coed, competitive, recreational swim team. Beginner program for those aged 10 and under must be able to swim two (2) laps unassisted. Advanced program for those aged 11 and up must be able to swim four (4) laps unassisted. Practice held at WHS indoor pool from 6/2 - 6/16 (beginner 5:45 - 6:30 pm and advanced 5:45 - 6:45 pm). 6/17 and on will be held at Willard outdoor pool (times below). Min/Max: 15/24. Willard Pool.

Date	Day	Time	Res/NonRes	Code
<b>Age 11-18</b>				
6/2-7/24	M-Th	7:45-8:45A	\$200/\$225	101002-02
<b>Age 5-10</b>				
6/2-7/24	M-Th	8:00-8:45A	\$200/\$225	101002-01





**RESOURCES FOR YOUNG FAMILIES**

The Wethersfield Early Childhood Collaborative (WECC) is a diverse group of community members, educators, parents and local organizations that work to prepare young children to succeed in school. Our goal is to ensure that all Wethersfield’s children, birth to 5 are healthy, ready for school and involved in our community. Learn more at: [wecc.wethersfield.me](http://wecc.wethersfield.me)

**Birth to Five Contact:** Jessica Coelho, WECC Program Coordinator 860-721-2887, [jcoelho@wethersfield.me](mailto:jcoelho@wethersfield.me)

**Community Resources:** Kim Bobin, Family & Early Childhood Coordinator 860-929-1316, [kbobin@wethersfield.me](mailto:kbobin@wethersfield.me)

**2025-2026 KINDERGARTEN REGISTRATION**

Children must be 5 years old on or before 9/1/25 to be automatically eligible. To register, go to: [wps.wethersfield.me/district/student-registration](http://wps.wethersfield.me/district/student-registration)

**SUMMER SUCCESSFUL TRANSITION TO KINDERGARTEN PROGRAM**

One week FREE program for parents/caregivers and their incoming kindergarteners. All sessions run from 9:00-11:00A. Session 1: July 7-10; Session 2: July 14-17; Session 3: July 21-24; Session 4: July 28-31. Contact Jessica Coelho [jcoelho@wethersfield.me](mailto:jcoelho@wethersfield.me) for more information.

**KINDERGARTEN PLAYDATES**

Informal gathering of children and families held at each elementary school. Dates: Friday, August 1 at 5:30P; Saturday, August 16 at 9:00A; and Saturday, August 30 at 9:00A

**SPARKLER APP**

FREE mobile app for Wethersfield families that supports children’s growth from birth to 5 years old. Download Sparkler: Play for Parenting from Google Play or the App Store. Visit: [www.playsparkler.org/CT](http://www.playsparkler.org/CT). Once downloaded, register by clicking on “Create a New Account” > “Add a Child to your Account” > Complete profile questions.



*TLC Preschool is committed to providing high quality preschool programs that enhance the overall development of young children. Children are in a state licensed, child-centered environment with teachers who are educated in and have had experience working with preschool age children. Children are provided with activities designed to help them become independent, self-confident, inquisitive, and enthusiastic learners.*

**TLC MORNING PRESCHOOL 2025-2026**

State-licensed preschool. Designed to foster individual growth in all areas of development with emphasis on social, emotional, physical and cognitive abilities. Promotes school readiness skills in a creative and resourceful atmosphere. Includes learning centers, table time, science and nature activities, arts and crafts, circle time, gym time and outdoor fun. Min/Max: 6/18. Pitkin Community Center. No class 11/4, 11/26, 11/27, 12/23, 12/24, 12/25, 12/30, 12/31, 1/1, 2/17, 4/14, 4/15, 4/16.

Date	Day	Time	Fee	Code
<b>Thrilling 3's (\$400 due at registration)</b>				
9/9-5/21	Tu-Th	9:00-11:30A	\$2150	210138-01
1/6-5/21	Tu-Th	9:00-11:30A	\$1195	210138-02
<b>Fearless 4's (\$500 due at registration)</b>				
<i>*waitlist spots only</i>				
9/9-5/21	Tu-Th	9:00A-12:15P	\$2400	210158-01
1/6-5/21	Tu-Th	9:00A-12:15P	\$1335	210158-02

**TLC AFTERNOON KINDERGARTEN READINESS PROGRAM 2025-2026**

Age 4-5. State licensed preschool. If your child is affected by the new kindergarten cutoff date, this program may meet you and your child's needs. Designed to focus on Kindergarten readiness. Teachers work with each child to meet their individual benchmarks necessary to begin a successful school journey. Min/Max: 8/18. Pitkin Community Center. No class 10/7, 11/5, 11/27, 11/28, 12/23, 12/24, 12/25, 12/26, 12/30, 12/31, 1/1, 1/20, 2/17, 2/18, 4/14, 4/15, 4/16, 4/17.

**Afternoon Adventurers 4's & 5's (\$500 due at registration)**

Date	Day	Time	Fee	Code
9/8-5/21	M-Th	12:00-2:30P	\$2150	210172-01
1/5-5/21	M-Th	12:00-2:30P	\$1335	210172-02

# Therapeutic Recreation

Therapeutic Recreation Programs and inclusion services are provided by Parks and Recreation for kids and adults with disabilities. The department facilitates these opportunities for active participation and inclusion on a variety of levels, and are designed to meet an individual's needs and interests. Year-round programs provide unique experiences for after school, summer camps, and Special Olympics training and competition.

Are you interested in being a unified partner or Special Olympics volunteer coach? If so, please contact Jahlim Cuttino at 860-721-2765 to learn more about this great opportunity.

## THE FOLLOWING CAMPS ARE SPECIFICALLY DESIGNED FOR CAMPERS WITH SPECIAL NEEDS:

(WHEN REGISTERING FOR TR PROGRAMS, PLEASE SUBMIT TR SUPPLEMENTAL FORM ON PAGE 13.)

### SUMMER ADVENTURES

Age 5-10. Campers with special needs can look forward to a variety of structured activities, including games, sports, crafts, music, and field trips. Enjoy swimming at Willard Pool, weather permitting. Please pack a lunch, water bottle, bathing suit, and towel. Min/Max: 6/12. Pitkin Community Center. No class 7/4.

Date	Day	Time	Res/NonRes	Code
6/17-8/1	M-F	11:30A-3:30P	\$300/\$350	109190-01

### SUMMER ADVENTURES EXTENDED MORNINGS

Age 5-10. Enhance your camp day with a morning session. Sign up for one week or the whole summer. Min/Max: 6/12. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/17-6/20	Tu-F	8:30-11:30A	\$85/\$100	109192-01
6/23-6/27	M-F	8:30-11:30A	\$95/\$120	109193-01
6/30-7/3	M-Th	8:30-11:30A	\$85/\$100	109194-01
7/7-7/11	M-F	8:30-11:30A	\$95/\$120	109195-01
7/14-7/18	M-F	8:30-11:30A	\$95/\$120	109196-01
7/21-7/25	M-F	8:30-11:30A	\$95/\$120	109197-01
7/28-8/1	M-F	8:30-11:30A	\$95/\$120	109198-01

### CAMP PITKIN

Age 7-11. This program offers youth with special needs a variety of activities, including sports, games, crafts, and field trips. Enjoy swimming at Willard Pool, weather permitting. Please pack a lunch, water bottle, bathing suit, and towel. All field trip cost are included. Min/Max: 6/12. Pitkin Community Center. No class 7/4.

Date	Day	Time	Res/NonRes	Code
6/17-8/1	M-F	11:30A-3:30P	\$300/\$350	109180-01

### CAMP PITKIN EXTENDED MORNINGS

Age 7-11. Enhance your camp day with a morning session. Sign up for one week or the whole summer. Min/Max: 6/12. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/17-6/20	Tu-F	8:30-11:30A	\$85/\$100	109182-01
6/23-6/27	M-F	8:30-11:30A	\$95/\$120	109183-01
7/1-7/3	M-Th	8:30-11:30A	\$85/\$100	109184-01
7/7-7/11	M-F	8:30-11:30A	\$95/\$120	109185-01
7/14-7/18	M-F	8:30-11:30A	\$95/\$120	109186-01
7/21-7/25	M-F	8:30-11:30A	\$95/\$120	109187-01
7/28-8/1	M-F	8:30-11:30A	\$95/\$120	109188-01



### TEEN SCENE

Age 12-17. Teens with special needs can socialize with peers and enjoy various activities including sports, painting, and field trips. Enjoy swimming at Willard Pool, weather permitting. Please pack a lunch, water bottle, bathing suit, and towel. All field trip costs are covered. Min/Max: 6/12. Pitkin Community Center. No class 7/4.

Date	Day	Time	Res/NonRes	Code
6/17-8/1	M-F	11:30A-3:30P	\$300/\$350	109160-01

### TEEN SCENE EXTENDED MORNINGS

Age 12-17. Enhance your camp day with a morning session. Sign up for one week or the whole summer. Min/Max: 6/12. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/17-6/20	Tu-F	8:30-11:30A	\$85/\$100	109162-01
6/23-6/27	M-F	8:30-11:30A	\$95/\$120	109163-01
6/30-7/3	M-Th	8:30-11:30A	\$85/\$100	109164-01
7/7-7/11	M-F	8:30-11:30A	\$95/\$120	109165-01
7/14-7/18	M-F	8:30-11:30A	\$95/\$120	109166-01
7/21-7/25	M-F	8:30-11:30A	\$95/\$120	109167-01
7/28-8/1	M-F	8:30-11:30A	\$95/\$120	109168-01

### SUMMER CAMP LATE PICKUP SESSIONS

Age 5-17. Campers enrolled in any Therapeutic Recreation summer camp can extend their day an hour. Registration is available for individual weeks or the entire summer. Min/Max: 6/12. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/17-6/20	Tu-F	3:30-4:30P	\$30/\$40	109220-01
6/23-6/27	M-F	3:30-4:30P	\$40/\$50	109221-01
6/30-7/3	M-Th	3:30-4:30P	\$30/\$40	109222-01
7/7-7/11	M-F	3:30-4:30P	\$40/\$50	109223-01
7/14-7/18	M-F	3:30-4:30P	\$40/\$50	109224-01
7/21-7/25	M-F	3:30-4:30P	\$40/\$50	109225-01
7/28-8/1	M-F	3:30-4:30P	\$40/\$50	109226-01

**TR ADULT SOCIAL CLUB**

Age 21+. An ongoing schedule of activities and program is available for adults throughout the year. These may include theater outings, museum visits, dining experience, shopping trips, casino trips, movies, holiday gatherings, game nights, and bowling. Registered adults will contribute to the schedule planning process. Contact Jahlim Cuttino, Therapeutic Recreation Supervisor at 860-721-2765 for additional information. Min/Max: 1/30. Pitkin Community Center.

Date	Day	Time	Fee	Code
7/1-6/30	M-Su	8:00A-11:00P	\$26	109137-01

**LAWN GAMES**

This program welcomes individuals with special needs and their peers for fun in the sun! We will play lawn games like Bocce, Cornhole, and giant versions of Connect 4 and Jenga. Our goal is to socialize, enjoy music, and have a great time with fun games. Participants are encouraged to suggest other lawn games we can try. This is an outdoor program, so please dress appropriately and bring a water bottle. Min/Max: 5/12. Pitkin Community Center.

Date	Day	Time	Fee	Code
<b>Age 8-19</b> 6/18-7/30	W	3:45-4:45P	\$25	109250-01
<b>Age 20+</b> 6/18-7/30	W	5:00-6:00P	\$25	109250-02



**Special Olympics Connecticut**

**SPECIAL OLYMPICS GOLF**

Age 8+. Open to participants with intellectual disabilities and their peers. Activities will take place at the putting green, driving range, and flat nine, with Special Olympics tournament to be scheduled. Min/Max: 6/12. Goodwin Golf Course.

Date	Day	Time	Fee	Code
6/30-8/25	M	5:30-7:00P	\$40	109148-01



**WACPD SCHOLARSHIP**

The Wethersfield Advisory Committee for Persons with Disabilities (WACPD) offers grants for up to \$250 on a quarterly basis (January, April, July and October). To request and/or submit a WACPD Scholarship Grant Fund Application please contact TR Supervisor Jahlim Cuttino at (860) 721-2765 or jahlim.cuttino@wethersfieldct.gov

**Therapeutic Recreation Supplemental Registration Form**

Please be specific when providing the following information, and submit with your Registration Form.

Participant's Name \_\_\_\_\_

Primary Disability \_\_\_\_\_

Any Assistive or Adaptive Device(s) used \_\_\_\_\_

Any Medications \_\_\_\_\_

Side Effects Staff should be Aware of \_\_\_\_\_

Allergies \_\_\_\_\_

Special Considerations Not Mentioned Above (especially related to medical or behavioral needs) \_\_\_\_\_

Special Interests \_\_\_\_\_

Goals You Wish to See from this Program \_\_\_\_\_

I give my permission for transportation to be provided in an authorized town vehicle to TR activities. Yes \_\_\_ No \_\_\_

Participant Signature (or Parent/Guardian)

Date



*Eleanor Buck Wolf*  
**Nature Center**



**VISITING INFORMATION**

156 Prospect Street. Starting 6/16 thru 8/15. Open Monday – Friday, 10:00A-5:00P. Featuring hands-on exhibits, live animals, picnic areas and walking trails in Mill Woods Park. A suggested donation of \$3 is requested. **FREE** for Friends members.

**FRIENDS OF THE ELEANOR BUCK WOLF NATURE CENTER**

The Friends of the Nature Center is an independent, member- supported, non-profit organization which promotes ecology education through programs, events, and scholarships. Friends of the Nature Center meets on the third Tuesday of each month 7:00-8:00P. Members visit the Nature Center for FREE, receive program discounts, early registration, etc. Join or renew online while registering for programs. See page 29 for more information.

**BIRTHDAY PARTYS AT THE NATURE CENTER**

A birthday party at the Eleanor Buck Wolf Nature Center is a unique way to encourage interest in nature while enjoying the conveniences of a party outside your home. Staff will assist with set-up and clean-up, greet guests and lead hands-on activities with the animals. Parties are 2 hours and flexible scheduling is offered. Fee is \$175 for Friends of the Nature Center and \$200 for non-members. For more information contact the Nature Center.

**SPECIAL EVENTS**

**CONNECTICUT TRAILS DAY**

Celebrate the outdoors with hiking, riding, walking and paddling. Events are held locally and statewide Saturday, 6/7 & Sunday, 6/8. Equipment not provided. For a complete schedule visit [ctwoodlands.org/ct-trails-weekend](http://ctwoodlands.org/ct-trails-weekend).

**ELEANOR BUCK WOLF DAY**

Saturday 6/7, 11:00A - 3:00P, at the Nature Center. Join staff and the Friends of the Eleanor Buck Wolf Nature Center to celebrate the legacy of Wethersfield resident Eleanor Buck Wolf for whom the Nature Center is named. Inside and outside activities will bring to life her love for nature and passion for education. Contact the Nature Center for details.

**EARLY CHILDHOOD PROGRAMS**

**OUTDOOR NATURE SCHOOL**

Age 2-5. For this outdoor program, parents/caregivers and children will take part in hands-on activities to learn about nature and develop social skills. These activities will include circle time, games, and observing animals and plants. Participants should expect to do a fair amount of walking. Both Tuesday and Thursday classes are identical. Please choose one or the other. Min/Max: 4/15. EBW Nature Center.

Date	Day	Time	Friends/Other	Code
6/24-8/5	Tu	10:00-11:30A	\$85/\$95	106083-01
6/26-8/7	Th	10:00-11:30A	\$85/\$95	106083-02

**NATURE SCHOOL ON THE GO**

Age 4-6. Parent/Caregiver and older or experienced nature schoolers participate in hands-on outdoor activities to build on their experiences with the natural world and peers. Circle time, games, wildlife observations and guided exploration of Mill Woods Park and other outdoor spots in town and surrounding areas. Be prepared for quite a bit of walking. This class is held entirely outdoors. Min/Max: 4/10. EBW Nature Center.

Date	Day	Time	Friends/Other	Code
6/25-8/6	W	10:00-11:30A	\$85/\$95	106085-01

**MAD SCIENCE CAMPS**

SPONSORED BY EBW NATURE CENTER

**MAD SCIENCE RED HOT ROBOTS AND CODING**

Grade 1-5 (in spring). Children will build and take home their own robot while learning about circuits, wheels, gears and sensors. Explore different robotic devices including line-tracking and programmable robots with coding. Learn about simple machines and how they are used to make life easier. All supplies included. Min/Max: 12/20. Pitkin Community Center.

Date	Day	Time	Friends/Other	Code
7/21-7/25	M-F	9:00A-12:00P	\$195/\$205	106103-01

**MAD SCIENCE ROCKIN' ROBOTS**

Grade 1-5 (in spring). Become a rocket scientist and learn the fundamentals of flight, propulsion, rocket design, launch and recovery. Explore hot air balloons to hovercrafts and more! There is an exciting rocket launch every day and kids build their own Mad Science rocket to take home Min/Max: 12/20. Pitkin Community Center.

Date	Day	Time	Friends/Other	Code
8/4-8/8	M-F	9:00A-12:00P	\$195/\$205	106098-01

**MAD SCIENCE BRIXOLOGY**

Grade 1-5 (in spring). Kids will team up to learn about engineering through building distinct LEGO creations, including a space station, drawing machines and a carnival ride, as they work through practical design challenges. Min/Max: 12/20. Pitkin Community Center.

Date	Day	Time	Friends/Other	Code
7/28-8/1	M-F	9:00A-12:00P	\$195/\$205	106101-01

**ELEANOR BUCK WOLF NATURE CENTER SUMMER CAMPS**

**Nature Camp** is designed for **4 year old/Pre K - Grade 4 in spring**. Mornings consist of lessons and activities that reflect weekly themes. Swimming, recreational games and outdoor exploration take place in the afternoon. Swim lessons will be offered for campers signed up for consecutive camp weeks that align with swim lesson sessions: Weeks 6/17 & 6/23; Weeks 6/30 & 7/7; Weeks 7/14 & 7/21; Weeks 8/4 & 8/11. Min/Max: 10/80.

**Bears Camp** is designed for **Grade 5-6 in spring**. Mornings consist of lessons and activities that reflect weekly themes. Please note swim lessons will not be available to campers in Bears Camp. Only recreational swim will be offered. There will be a weekly field trip (field trip locations subject to change). Min/Max: 10/16.

Each class is led by an educator and assistant counselor (1:10 ratio) supported by volunteers, lifeguards, and staff certified in first aid. Financial Assistance is available upon request by contacting Social and Youth Services at (860) 721-2880.

**An open house for new campers and parents will be hosted at the Nature Center on Thursday, June 5, 2025, from 4:30 – 6:30P.**

**6/17: Wildlife Warriors:** Welcome to Nature Camp! This week at camp, participants will transform into Wilderness Explorers. They will embark on exciting nature hikes, learn to identify fascinating plants and animals, and discover the secrets of the great outdoors. Campers will build shelters, test their tracking skills, and learn basic survival techniques. Get ready for an unforgettable week of exploration and adventure! Theme day Thursday is Camouflage and Animal Prints. EBW Nature Center.

**Nature Camp**

Date	Day	Time	Friends/Other	Code
6/17-6/20	Tu-F	8:00A-4:30P	\$194/\$208	106261-10

**Bears Camp - Field Trip: Beardsley Zoo, Bridgeport**

Date	Day	Time	Friends/Other	Code
6/17-6/20	Tu-F	8:00A-4:30P	\$214/\$228	106291-10

**6/23: The Fantastic Five:** Animals possess incredible sensory abilities, and guess what? So do we! This week, we'll embark on a fun-filled exploration, dedicating each day to one of the five senses. Investigate how both humans and our animal friends use these senses to interact with the world. Get ready to peek high in the sky, delve into the dirt, savor some tasty treats, and tune your ears to the sounds of the forest. You'll be amazed at what you can discover when you sharpen your observation skills! Theme Day Thursday is Hat Day. EBW Nature Center.

**Nature Camp**

Date	Day	Time	Friends/Other	Code
6/23-6/27	M-F	8:00A-4:30P	\$242/\$260	106262-10

**Bears Camp - Field Trip: Mashantucket Pequot Museum, Ledyard**

Date	Day	Time	Friends/Other	Code
6/23-6/27	M-F	8:00A-4:30P	\$267/\$285	106292-10

**6/30: Coast to Coast:** Get ready for a cross-country adventure! Campers will discover the amazing variety of environments in the USA, from beaches to mountains, learning about different ecosystems along the way. Wednesday is our special Red, White, and Blue Day, so show your patriotic spirit! Reminder: Camp runs only on Monday, Tuesday, Wednesday and Thursday this week. EBW Nature Center.

**Nature Camp**

Date	Day	Time	Friends/Other	Code
6/30-7/3	M-Th	8:00A-4:30P	\$194/\$208	106263-10

**Bears Camp - Field Trip: Farmington River Tubing, New Hartford**

Date	Day	Time	Friends/Other	Code
6/30-7/3	M-Th	8:00A-4:30P	\$214/\$228	106293-10

**7/7: Rock n' Roll:** Get ready to explore the exciting world of rocks and minerals! This week at camp, become geology rock stars by learning about fossils, volcanoes, and earthquakes. We'll even create our own rock collections and put on a 'rock concert' to show off what we have learned. It's going to be a fantastic time! Theme Day Thursday is Rock Star, so dress like your favorite rocker! EBW Nature Center.

**Nature Camp**

Date	Day	Time	Friends/Other	Code
7/7-7/11	M-F	8:00A-4:30P	\$242/\$260	106264-10

**Bears Camp - Field Trip: Rock Spot Climbing, Wallingford**

Date	Day	Time	Friends/Other	Code
7/7-7/11	M-F	8:00A-4:30P	\$267/\$285	106294-10

**BECOME A NATURE CENTER VOLUNTEER**

Age 13+. Students, adults and interns may volunteer as a greeter, gardener, animal caretaker, educator, special events assistant, etc. Orientation introduces the seasonal programs and events, on-going and short-term volunteer opportunities and basic safety training. Volunteer orientations are scheduled by appointment by contacting the Nature Center at 860-721-2780.



# Nature Center

**7/14: Beakers, Brains and Big Snakes:** Time to roll up your sleeves, don your safety goggles, and dive into some kid-friendly chemistry, learn about the brain, and meet the Nature Center's snakes, Sambuca and Goliath. Theme Day Thursday is Wacky Tacky Day. EBW Nature Center.

## Nature Camp

Date	Day	Time	Friends/Other	Code
7/14-7/18	M-F	8:00A-4:30P	\$242/\$260	106265-10

**Bears Camp - Field Trip: Yale Peabody Museum, New Haven**

Date	Day	Time	Friends/Other	Code
7/14-7/18	M-F	8:00A-4:30P	\$267/\$285	106295-10

**7/21: Tide Pool Tales:** Dive into the wonders of tide pools. Participate in exciting activities to learn about marine life and ocean conservation, and how the ocean impacts our lives. Encounter incredible sea creatures, understand the challenges facing our oceans, and learn how you can help ensure their future. Theme Day Thursday is Go Hawaiian Day! EBW Nature Center.

## Nature Camp

Date	Day	Time	Friends/Other	Code
7/21-7/25	M-F	8:00A-4:30P	\$242/\$260	106266-10

**Bears Camp - Field Trip: Mystic Marinelife Aquarium, Mystic**

Date	Day	Time	Friends/Other	Code
7/21-7/25	M-F	8:00A-4:30P	\$267/\$285	106296-10

**7/28 Gettin Dirty:** Let's get ready to dig in! Explore the Earth's hidden world, learning about minerals, tectonic plates, and how our planet came to be. Enjoy a week full of exploration, teamwork, and fun as we dive deep into the Earth. Theme Day Thursday is Sports Team Day! EBW Nature Center.

## Nature Camp

Date	Day	Time	Friends/Other	Code
7/28-8/1	M-F	8:00A-4:30P	\$242/\$260	106267-10

**Bears Camp - Field Trip: Worcester Red Sox Game, Worcester, MA**

Date	Day	Time	Friends/Other	Code
7/28-8/1	M-F	8:00A-4:30P	\$267/\$285	106297-10

**8/4: Cryptozoology:** Join a thrilling exploration of the world of legendary creatures! Cryptids are animals that may exist but haven't been scientifically confirmed. Delve into tales of Mermaids, the Loch Ness Monster, Bigfoot, and other mysterious beings that are said to live in oceans and forests. Theme Day Thursday is Halloween. EBW Nature Center.

## Nature Camp

Date	Day	Time	Friends/Other	Code
8/4-8/8	M-F	8:00A-4:30P	\$242/\$260	106268-10

**Bears Camp - Field Trip: Optional Sleepover**

Date	Day	Time	Friends/Other	Code
8/4-8/8	M-F	8:00A-4:30P	\$267/\$285	106298-10

**8/11: Fearless (Nature Center Version):** Make a difference in our community this week! We'll celebrate the hard work of our community helpers and learn how we can contribute to a better world. (Swimming is recreational only this week; no lessons.) Theme Day Thursday is Group Color Day. EBW Nature Center.

## Nature Camp

Date	Day	Time	Friends/Other	Code
8/11-8/15	M-F	8:00A-4:30P	\$242/\$260	106269-10

**Bears Camp Field Trip. Brownstone Adventure Park. Portland**

Date	Day	Time	Friends/Other	Code
8/11-8/15	M-F	8:00A-4:30P	\$267/\$285	106299-10

## COUNSELOR IN TRAINING

Age 13-15. The CIT program, led by our CIT Director, offers comprehensive training in all facets of a camp counselor's role, including leadership, communication, teamwork, child development, behavior management, and environmental stewardship, alongside hands-on experience with campers. Min/Max: 1/15. EBW Nature Center.

Date	Day	Time	Friends/Other	Code
6/16/17-6/20	Tu-F	8:00A-4:30P	\$86/\$94	106351-01
6/23-6/27	M-F	8:00A-4:30P	\$107/\$117	106352-01
6/30-7/3	M-Th	8:00A-4:30P	\$86/\$94	106353-01
7/7-7/11	M-F	8:00A-4:30P	\$107/\$117	106354-01
7/14-7/18	M-F	8:00A-4:30P	\$107/\$117	106355-01
7/21-7/25	M-F	8:00A-4:30P	\$107/\$117	106356-01
7/28-8/1	M-F	8:00A-4:30P	\$107/\$117	106357-01
8/4-8/8	M-F	8:00A-4:30P	\$107/\$117	106358-01
8/11-8/15	M-F	8:30A-4:30P	\$107/\$117	106359-01



## KIDS ON KYCIA CAMP - NEW!!!!

Grade K-2. New in 2025, an exciting week filled with seeds, sun, and soil. Join us for our new program held at the Kycia Farm property! Your little gardener will learn all about the plants we eat including what they are and what they need to grow, their pollinators, growing methods and techniques. This fun-filled week will be packed with hands-on arts and crafts, sensory activities, silly games, STEAM projects and more! Min/Max: 6/10. Kycia Farm Barn.

Date	Day	Time	Fee	Code
6/23-6/27	M-F	9:00A-12:00P	\$150	106500-01



# ART

## ABRAKADABRA ART CAMP

Age 3-5. This concoction of art and magic includes ten art and creativity projects along with a cauldron of magical activities and games. Mix up colors for a bubbling magic potion. Create a rabbit and make it disappear. Make portraits with eyes that move and much more. Put on your magic hat and join the fun. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
8/11-8/15	M-F	9:00A-12:00P	\$195/\$220	102210-01

## DREAM OF THE FUTURE ART CAMP

Age 6-13. Art is everywhere! Look around you! You can find art while digging in the dirt, looking up at the sky, watching storms and relaxing at the beach. Everything we make is fun: sunset silhouettes, Aboriginal dot art, beach drawings, sculptures and 3D art. Join us and explore a variety of art techniques while we make connections with Science, Technology, Engineering and Math concepts. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
8/11-8/15	M-F	9:00A-12:00P	\$195/\$220	102211-02

## BROADWAY EXTRAVAGANZA ART CAMP

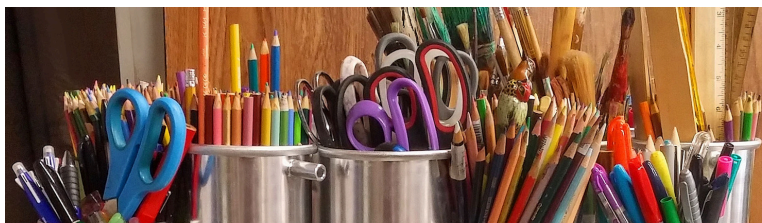
Age 6-13. Wizards, witches, and lions can join the crew of Broadway Extravaganza Art Camp, where creativity takes center stage! Set your imagination free - sketch costumes, craft a mini revolving stage with props, design a promotional poster, and make masks - all inspired by your favorite shows. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
8/11-8/15	M-F	1:00-4:00P	\$195/\$220	102212-02

## SUMMER LUNCH CRUNCH

Age 6-13. Register and stay for lunch when you sign up for BOTH Abrakadoodle Art classes. Staff will supervise while you socialize with new and old friends. Bring a bagged lunch. Outdoor playscape will be used for break time weather permitting. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
8/11-8/15	M-F	12:00-1:00P	\$25/\$30	129100-01



## NEXT LEVEL DANCE CAMP

Age 8-15. Classes are taught by experienced instructors and are structured and taught to all levels. Classes will be offered in Dance Basics, Tap, Hip Hop/Funk, Baton, Acrobatics. Arts and Crafts are available daily as an optional activity. Special events may include theme days, field days and pizza parties. (Optional pizza will have a small additional fee.) Students must provide their own tap shoes and batons. The final dance performances for family and guests will be held at the Highcrest Cafetorium at 5P on Thursday, July 24. Additionally, Dance for the Young Campers will share a drama storybook act. Our young, artistic 4 & 5 year old campers will also have an art show display of creations they made during their camp program. 4 & 5 year olds will also have an additional practice on Thursday, 7/24, the morning of the show. Min/Max: 15/50. Highcrest School. No class 7/4.

Date	Day	Time	Res/NonRes	Code
<b>Agnes 4-5</b>				
6/18-7/23	M,W	8:30A-12:30P	\$275/\$290	102021-01
<b>Agnes 5-8</b>				
6/17-7/24	Tu,Th	8:30A-12:30P	\$275/\$290	102020-01
<b>Agnes 8-15</b>				
6/17-7/24	M-F	8:30A-12:30P	\$460/\$520	102001-01



## THEATER CAMP: CAMP ROCK

Age 8-15. Plenty of parts to go around, including featured roles as well as ensemble parts. Experience auditioning for a role, be coached through the rehearsal process and work as an ensemble singing, dancing and acting to produce a play. All workshops, rehearsals and performances are mandatory. Tech week 7/28-8/1: 8:30A - 3:30P. Performance: Friday, August 1 at 7P. Min/Max: 15/30. Highcrest School. No program 7/4.

Date	Day	Time	Res/NonRes	Code
6/17-8/1	M-F	12:30-3:30P	\$700/\$750	102130-01

## Richard M. Keane Foundation Proudly Funds



**Continuing Learning Across Summer Session**

The Richard M. Keane Foundation is funding the summer CLASS 2025 program. CLASS will offer free enrichment programs for students entering grades 1-8, Monday-Thursday July 7-31. The CLASS program offerings and sign up will be shared with WPS parents via ParentSquare in early May. If you are looking for more information, please contact the CLASS Coordinator, Shannon Brown at [sbrown@wethersfield.me](mailto:sbrown@wethersfield.me)

### S.T.E.A.M. LEGO CAMP

Children work with standard LEGO® materials to problem-solve engineering challenges involving structures, levers, gears, pulleys, and other elements of simple machines. There will be 2-3 projects introduced each day of the week with additional challenge activities to accommodate all building skill levels. Min/Max: 8/16.

Wethersfield Police Community Room.

Date	Day	Time	Res/NonRes	Code
<b>Age 6-8</b>				
8/4-8/8	M-F	9:00A-12:00P	\$165/\$195	103085-01
<b>Age 9-11</b>				
8/4-8/8	M-F	1:00-4:00P	\$165/\$195	103085-02



### COMMUNITY PLAYGROUND PROGRAM

Age 7-11. Based out of Emerson Williams School, this program primarily uses the school grounds for games, activities, sports and special events. Arts and crafts and occasional in-town field trips included. In case of inclement weather, the program will move inside the school. Min/Max: 15/50. Emerson Williams School. No program 7/4.

Date	Day	Time	Res/NonRes	Code
6/17-7/25	M-F	9:00A-3:00P	\$295/\$320	103090-01

### COMMUNITY PLAYGROUND PROGRAM EARLY DROP OFF

Age 7-11. You may register for early drop off by Friday at 11A prior to each session week (note for week 7/7 need to register by Thursday, July 3 at 11A). Based out of Emerson Williams School, this program will primarily use the school grounds for games, activities, sports and special events. It includes arts and crafts and occasional in-town field trips. In case of inclement weather, the program will move inside to the school. Min/Max: 15/50. Emerson Williams School. No program 7/4.

Date	Day	Time	Fee	Code
6/17-6/20	Tu-F	8:30-9:00A	\$20	103093-01
6/23-6/27	M-F	8:30-9:00A	\$25	103093-02
6/30-7/3	M-Th	8:30-9:00A	\$20	103093-03
7/7-7/11	M-F	8:30-9:00A	\$25	103093-04
7/14-7/18	M-F	8:30-9:00A	\$25	103093-05
7/21-7/25	M-F	8:30-9:00A	\$25	103093-06



**CAMP STUFF TO DO**

Age 4-6. This structured full-day camp is packed with group games, fitness and sport activities, free play, arts and crafts, field trips and special events. Morning swim lessons are included. Parents should provide a lunch and drink.

Min/Max: 15/30. Pitkin Community Center. No program 7/4.

Date	Day	Time	Res/NonRes	Code
<b>Session 1:</b> Special Event: Candy Land				
6/17-6/27	M-F	8:00A-4:00P	\$365/\$385	103022-02
<b>Session 2:</b> Special Event: Magic Show				
6/30-7/11	M-F	8:00A-4:00P	\$365/\$385	103023-02
<b>Session 3:</b> Special Event: Foam Party				
7/14-7/25	M-F	8:00A-4:00P	\$400/\$420	103024-02
<b>Session 4:</b> Special Event: Medieval Party				
7/28-8/8	M-F	8:00A-4:00P	\$400/\$420	103025-02



**CAMP WANNA DO**

Age 7-10. This structured day camp is jam packed with sports, arts & crafts, group games, free play, special events, field trips and swimming. Morning swim lessons are included. Min/Max: 15/50. Pitkin Community Center. Min/Max: 15/50.

Pitkin Community Center. No program 7/4.

Date	Day	Time	Res/NonRes	Code
<b>Session 1:</b> Special Events: Movies, AM Parkour				
6/17-6/27	M-F	8:00A-4:00P	\$390/\$410	103040-02
<b>Session 2:</b> Special Events: Spare Time, Urban Air				
6/30-7/11	M-F	8:00A-4:00P	\$390/\$410	103041-02
<b>Session 3:</b> Special Events: Fun City, Foam Party				
7/14-7/25	M-F	8:00A-4:00P	\$415/\$435	103042-02
<b>Session 4:</b> Special Events: Sonny's Place, Putter's Paradise				
7/28-8/8	M-F	8:00A-4:00P	\$415/\$435	103043-02



**X-TREME ADVENTURES CAMP**

Age 11-15. Experience the fun this summer. Socialize with friends your age and make some new ones too. Stay active all week long with sports, games, swimming, special events and trips. Min/Max: 5/25. Charles Wright School.

No program 7/4.

Date	Day	Time	Res/NonRes	Code
<b>Session 1:</b> Events: Putter's Paradise, Tower Ridge Disc Golf, Movies, Puzzle Theory, Ice Cream Social				
6/17-6/20	M-F	8:00-8:30A	\$20/\$20	103107-01
6/17-6/20	M-F	8:30A-3:30P	\$275/\$290	103107-02
6/17-6/20	M-F	3:30-4:00P	\$20/\$20	103107-03
<b>Session 2:</b> Events: Nomad's Adventure, Quassy Amusement Park, DIY Mugs, Pizza Party				
6/23-6/27	M-F	8:00-8:30A	\$25/\$25	103108-01
6/23-6/27	M-F	8:30A-3:30P	\$300/\$315	103108-02
6/23-6/27	M-F	3:30-4:00P	\$25/\$25	103108-03
<b>Session 3:</b> Events: Lake Compounce, Spare Time Bowling & Laser Tag, Ice Cream Social				
6/30-7/3	M-Th	8:00-8:30A	\$20/\$20	103109-01
6/30-7/3	M-Th	8:30A-3:30P	\$275/\$290	103109-02
6/30-7/3	M-Th	3:30-4:00P	\$20/\$20	103109-03
<b>Session 4:</b> Events: Codeword Escape, Rolling Video Game Bus, Urban Air, Goodwin Golf Course, Pizza Party				
7/7-7/11	M-F	8:00-8:30A	\$25/\$25	103110-01
7/7-7/11	M-F	8:30A-3:30P	\$300/\$315	103110-02
7/7-7/11	M-F	3:30-4:00P	\$25/\$25	103110-03
<b>Session 5:</b> Events: Putter's Paradise, Fun City, Adventure Park @ Storrs, Hike, Ice Cream Social				
7/14-7/18	M-F	8:00-8:30A	\$25/\$25	103111-01
7/14-7/18	M-F	8:30A-3:30P	\$300/\$315	103111-02
7/14-7/18	M-F	3:30-4:00P	\$25/\$25	103111-03
<b>Session 6:</b> Events: Lessard Lanes - Bowling & Mini Golf, Hartford Athletics, Lara's Labyrinth, Pizza, Foam Party				
7/21-7/25	M-F	8:00-8:30A	\$25/\$25	103112-01
7/21-7/25	M-F	8:30A-3:30P	\$300/\$315	103112-02
7/21-7/25	M-F	3:30-4:00P	\$25/\$25	103112-03
<b>Session 7:</b> Events: Laser Maxx, Sonny's Place, Bowling, Ice Cream Social				
7/28-8/1	M-F	8:00-8:30A	\$25/\$25	103113-01
7/28-8/1	M-F	8:30A-3:30P	\$300/\$315	103113-02
7/28-8/1	M-F	3:30-4:00P	\$25/\$25	103113-03
<b>Session 8:</b> Events: AM Parkour, Putter's Paradise, Brownstone, BBQ				
8/4-8/8	M-F	8:00-8:30A	\$25/\$25	103114-01
8/4-8/8	M-F	8:30A-3:30P	\$300/\$315	103114-02
8/4-8/8	M-F	3:30-4:00P	\$25/\$25	103114-03

## WETHERSFIELD INDEPENDENT YOUTH SPORTS LEAGUES



### FOOTBALL

Flag Football for grades K-8.

Tackle Football for grades 2-8.

**Fall Registration: 5/12/25 - 6/15/25**

To register or for more information, visit:

[wethersfieldyouthfootball.org](http://wethersfieldyouthfootball.org)



### CHEER

Cheerleading for grades K-8.

**Fall Registration: 5/12/25 - until filled**

To register or for more information, visit:

[wethersfieldyouthfootball.org](http://wethersfieldyouthfootball.org)



### GDR SOCCER CLUB

Rec soccer for ages 3-8.

Travel soccer for ages 8 - 15.

**Fall Registration: 4/16/25 - 5/15/25**

To register or for more information, visit:

[wethersfieldsoccer.com](http://wethersfieldsoccer.com)



### LITTLE LEAGUE

Baseball and softball for ages 6 - 15.

Tee ball for boys and girls ages 4-5.

**Summer Registration: 5/20 - 6/15**

**Fall Registration: 7/20 - 8/3**

To register or for more information, visit:

[wethersfieldlittleleague.org](http://wethersfieldlittleleague.org)



### BASKETBALL

Rec league for grades 3-8.

Travel for grades 4-8.

Instructional program for grades K-2.

To register or for more information, visit:

[wethersfieldbasketballassociation.leagueapps.com/](http://wethersfieldbasketballassociation.leagueapps.com/)



### FIELD HOCKEY

League for girls grades 5-8.

Clinics for grades 1-4.

**Fall Registration: 4/15 - 7/31**

To register or for more information, visit:

[wethersfieldfieldhockey.org](http://wethersfieldfieldhockey.org)



### LACROSSE

Lacrosse for boys and girls grades K-8.

To register or for more information, visit:

[wethersfieldyouthlacrosse.com](http://wethersfieldyouthlacrosse.com)



### WRESTLING

Co-ed wrestling for grades 5-8.

To register or for more information, visit:

"Wethersfield Wrestling Club" [Facebook Page](#)



### GYMNASTICS CAMP HALF DAY

Age 3-8. Half days of summer fun at Aerial Gymnastics. Camp will include gymnastics rotations, crafts, and activities designed to make new friends. Bring a snack and water bottle. Wear leotard or comfortable clothes. Min/Max: 1/8. Aerial Gymnastics.

Date	Day	Time	Res/NonRes	Code
7/7-7/11	M-F	9:00A-12:30P	\$214/\$224	108228-01
7/21-7/25	M-F	9:00A-12:30P	\$214/\$224	108228-02
8/4-8/8	M-F	9:00A-12:30P	\$214/\$224	108228-03

### KARATE

Learn the ancient art of Okinawa ti through the style of karate known as Okinawan Shorin-Ryu instructed by Sensei Lou Roberts. This form of karate will advance you from White Belt to Black Belt over the course of time and hard work. Participants will learn kata (a series of techniques combined in sequence), kumite (one step sparring), control, confidence, self-defense and above all respect for others as well as yourself. Min/Max: 10/20. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
<b>Age 7-17</b>				
6/16-8/6	M,W	6:30-8:00P	\$140/\$160	108240-01
<b>Age 18+</b>				
6/16-8/6	M,W	6:30-8:00P	\$140/\$160	108240-03

### TENNIS LESSONS

Learn forehand, backhand, volley, serve and overhead. Players should bring their own racquet. Min/Max: 10/16. Webb School. No class 7/4.

#### Age 5-8

Date	Day	Time	Res/NonRes	Code
6/17-7/10	Tu,Th	4:30-5:15P	\$110/\$130	108341-01
7/15-8/7	Tu,Th	4:30-5:15P	\$110/\$130	108341-02

#### Age 9-12

Date	Day	Time	Res/NonRes	Code
6/17-7/10	Tu,Th	5:30-6:30P	\$110/\$130	108342-01
7/15-8/7	Tu,Th	5:30-6:30P	\$110/\$130	108342-02

**FIELD HOCKEY CAMP**

Participate in drills and games that will improve field hockey skills and knowledge of the game. Run by Wethersfield High School coaching staff. Bring a stick, shin pads, goggles and mouth guard (if you have them). Min/Max: 10/20. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
<b>Age 14-18</b>				
8/11-8/14	M-Th	9:00A-12:00P	\$125/\$155	108141-02
<b>Age 7-13</b>				
8/11-8/14	M-Th	9:00A-12:00P	\$125/\$155	108141-01



**BASKETBALL CAMP**

Age 7-13. Learn fundamental skills and techniques in a fun, recreational environment. Coached by Wethersfield High School coaching staff. Min/Max: 10/40. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
7/7-7/11	M-F	9:00A-12:00P	\$155/\$185	108180-02
7/21-7/25	M-F	9:00A-12:00P	\$155/\$185	108180-03
8/4-8/8	M-F	9:00A-12:00P	\$155/\$185	108180-04

**ELITE GIRLS BASKETBALL CAMP**

Grade 6-8. Designed for older kids that are serious about playing basketball at the high school level. Will include an hour of skill work, an hour of classroom learning, and an hour of play. Instructed by Wethersfield High School coaching staff. Min/Max: 5/10. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
7/7-7/11	M-F	1:00-4:00P	\$155/\$185	108190-02
7/21-7/25	M-F	1:00-4:00P	\$155/\$185	108190-03
8/4-8/8	M-F	1:00-4:00P	\$155/\$185	108190-04

**ELITE BOYS BASKETBALL CAMP**

Grade 6-8. Designed for older kids that are serious about playing basketball at the high school level. Will include an hour of skill work, an hour of classroom learning, and an hour of play. Instructed by Wethersfield High School coaching staff. Min/Max: 5/10. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
7/7-7/11	M-F	1:00-4:00P	\$155/\$185	108191-02
7/21-7/25	M-F	1:00-4:00P	\$155/\$185	108191-03
8/4-8/8	M-F	1:00-4:00P	\$155/\$185	108191-04



**BASEBALL CAMP**

Age 7-13. Participants will learn various positions through playing multiple games each day. Players should bring a glove, bat, helmet, water bottle and snack. Coached by Wethersfield High School coaching staff. Min/Max: 10/44. Mill Woods Park.

Date	Day	Time	Res/NonRes	Code
6/23-6/26	M-Th	9:00A-12:30P	\$160/\$190	108020-01
7/7-7/10	M-Th	9:00A-12:30P	\$160/\$190	108020-02

**SOFTBALL CAMP**

Wethersfield High School coaching staff teach throwing, hitting, fielding and game situations. Bring a glove. Min/Max: 10/20. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
<b>Grade 3-5</b>				
6/17-6/20	T-F	9:00-11:00A	\$115/\$135	108321-01
<b>Grade 6-8</b>				
6/17-6/20	T-F	9:00-11:00A	\$115/\$135	108321-02

**FIRST TEE YOUTH GOLF**

This program is administered by First Tee CT and led by a PGA instructor. Curriculum includes life skills taught through the game of golf. Equipment is provided if needed. Dates and times subject to change before May. Min/Max: 2/4. Goodwin Golf Course.

Date	Day	Time	Res/NonRes	Code
<b>Age 10-13</b>				
7/10-8/21	Th	4:00-5:20P	\$80/\$95	108249-01
7/12-8/23	Sa	10:30-11:50A	\$80/\$95	108249-04
<b>Age 7-11</b>				
7/12-8/23	Sa	9:00-10:20A	\$80/\$95	108249-03
<b>Age 7-9</b>				
7/10-8/21	Th	5:30-6:50P	\$80/\$95	108249-02





## WHAT IS SKYHAWKS?

Skyhawks Sports Academy is a youth sports camp organization founded in 1979 as a soccer program where children could learn sports in a fun, safe and non-competitive environment. The format includes week-long summer camps, clinics, and year-round after-school programs that range from 45 minutes to 6 hours, per day.

### SKYHAWKS MULTI-SPORT TOTS

Age 3-4. This program offers a variety of sports through fun, age-appropriate activities, enhancing balance, coordination, and fitness. This engaging introduction to multiple sports is packed with learning and teamwork. Parent participation is required with children 3 1/2 years and younger. Min/Max: 8/12. Charles Wright School.

Date	Day	Time	Res/NonRes	Code
7/7-7/10	M-Th	5:15-6:00P	\$95/\$125	108300-01

### SKYHAWKS MINI-HAWK

Age 4-6. This multi-sport program gives children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace. Min/Max: 8/16. Charles Wright School.

Date	Day	Time	Res/NonRes	Code
7/7-7/10	M-Th	6:15-7:15P	\$95/\$125	108301-01
6/23-6/27	M-F	9:00A-12:00P	\$169/\$199	108301-02
7/28-8/1	M-F	9:00A-12:00P	\$169/\$199	108301-03

### SKYHAWKS MULTI SPORT

Age 7-10. Designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork. Enjoy the benefits of exploring multiple sports while building lifelong skills. Min/Max: 10/30. Charles Wright School.

Date	Day	Time	Res/NonRes	Code
6/23-6/27	M-F	9:00A-3:00P	\$210/\$240	108302-01

### SKYHAWKS VOLLEYBALL

Age 10-14. This program combines the thrill of volleyball with fun while focusing on passing, setting, spiking, hitting, and serving. Beyond skills, volleyball programs emphasize leadership and teamwork, fostering growth as players and team members. Knee pads recommended. Min/Max: 10/30. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
6/30-7/3	M-Th	9:00A-1:00P	\$179/\$209	108309-01
7/28-8/1	M-F	9:00A-1:00P	\$189/\$219	108309-02

### SKYHAWKS LACROSSE

Age 7-12. This program teaches young athletes essential lacrosse skills like stick-handling and shooting in a supportive, non-contact setting. All equipment is provided (although personal sticks are welcome). Min/Max: 10/20. Charles Wright School.

Date	Day	Time	Res/NonRes	Code
7/7-7/11	M-F	9:00A-1:00P	\$189/\$219	108308-01

### SKYHAWKS TRACK AND FIELD

Age 7-12. This program teaches young athletes track and field essentials, from body positioning and stride, to stretching and cool-downs. Participants will try events like javelin and discus. Each session builds skills, discipline, and sportsmanship. Min/Max: 10/20. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
7/21-7/25	M-F	9:00A-12:00P	\$169/\$199	108306-01

### SKYHAWKS BASKETBALL

Age 5-7. Perfect for developing athletes, this program sharpens passing, shooting, and dribbling skills, emphasizing sportsmanship and teamwork. Participants develop defensive and rebounding abilities in a dynamic setting that promotes personal and athletic growth. Min/Max: 10/20. Charles Wright School.

Date	Day	Time	Res/NonRes	Code
7/21-7/25	M-F	9:00A-12:00P	\$169/\$199	108307-01

### SKYHAWKS TENNIS

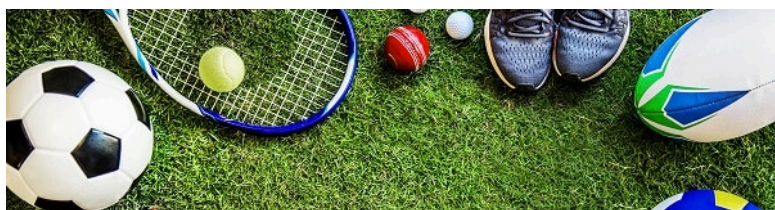
Age 8-12. This program elevates tennis skills by focusing on the techniques of forehand, backhand and scoring while utilizing practice sessions and match play to develop consistent, well-rounded players. Each session also fosters personal growth, emphasizing sportsmanship and perseverance. Campers will be divided by skill and/or age by the coaches. Bring a tennis racquet. Min/Max: 10/20. Webb School.

Date	Day	Time	Res/NonRes	Code
6/30-7/3	M-Th	9:00A-12:00P	\$159/\$189	108305-01

### SKYHAWKS FLAG FOOTBALL

Age 8-12. This program teaches passing, receiving, kicking, and flag pulling, all while emphasizing heart and spirit. Participants gain confidence and learn life lessons like teamwork and leadership in a fun, supportive environment. Min/Max: 10/30. Charles Wright School.

Date	Day	Time	Res/NonRes	Code
7/14-7/18	M-F	9:00A-3:00P	\$210/\$240	108304-01



**SUNDAY BASKETBALL LEAGUE**

Age 21+. Take your basketball game up a notch. Team play scheduled weekly. To ensure fair play, teams will be made with a live draft the week before the league begins. Captains will be chosen based on seniority. After 5/17, registration fees will increase to \$110 for residents and \$120 for non-residents. Registration closes 5/23. League draft 5/18. Min/Max: 24/64. Wethersfield High School. No class 6/15 & 7/6.

Date	Day	Time	Res/NonRes	Code
6/1-8/10	Su	8:00A-1:00P	\$115/\$125	108035-01

**PICKLEBALL CLUB**

Age 18+. The game is easy to pick up, fun to play, very social, and a great way to get exercise. Join and play Thursday evenings on a first come basis. Continuous rotation after each match. Min/Max: 8/14. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/19-8/7	Th	7:15-9:15P	\$60/\$70	108355-01



**KICKBOXING FITNESS AND FUNDAMENTALS**

Ignite your athletic potential with kickboxing. Improve your strength, cardio, flexibility, and overall athleticism. Learn proper technique, challenge your mind, and train like you are preparing for a competition. These skills and training will benefit anyone wanting to improve their health while also learning a martial art. Get a knockout workout without the actual knockouts! Coach: Adam Chiara is a black belt in multiple styles and is a national competitor in continuous fighting (light-contact kickboxing). Min/Max: 8/15.

Pitkin Community Center. No class 7/22.

Date	Day	Time	Res/NonRes	Code
<b>Age 12-17</b>				
6/17-8/12	Tu	5:00-6:00P	\$50/\$60	105300-02
<b>Age 18+</b>				
6/17-8/12	Tu	6:00-7:00P	\$50/\$60	105300-01



**FITNESS ROOM PASS**

Age 16+. Open Monday - Thursday 5:00P - 9:00P. Equipment includes treadmills, stationary bikes, ellipticals, dumbbells, medicine balls and floor mats. Min/Max: 1/50. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/16-8/7	M-Th	5:00-9:00P	\$20/\$25	105030-01



**ZUMBA WITH NANCY**

Age 16+. Aerobic workout with a Latin-dance twist. Zumba fuses hypnotic Latin and international rhythms with easy to follow moves to create a dynamic fitness program. Min/Max: 10/25. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/17-8/7	Tu,Th	9:30-10:15A	\$70/\$80	105006-01
6/16-8/6	M,W	6:00-6:45P	\$70/\$80	105006-02

**GOLD WITH SHERYL**

Age 45+. An innovative, fun and exciting program designed for the active older adult, the true beginner, people who are not used to exercising, or who may be limited physically. Dance to fantastic music and easy to follow steps.

Min/Max: 13/25. Pitkin Community Center. No class 6/26.

Date	Day	Time	Res/NonRes	Code
6/17-8/5	Tu,Th	8:30-9:15A	\$67/\$77	105007-01

**GENTLE YOGA WITH KANDI**

Age 16+. Class is designed for all levels of students but especially beginners, who are seeking a slower paced class and want a relaxing experience that includes gentle yoga postures, meditation and breathwork. Gentle yoga promotes increased flexibility, muscle and joint wellness and tension relief through holistic movement and breathing techniques that focus on whole body wellness. Students will be guided through a flow of gentle stretches and yoga poses for a meditative experience that has a calming effect on the mind and nervous system. Attention will also be placed on good alignment for safe movement and some balance postures to promote joint and muscle strength and conditioning. Wear comfortable clothing, bring a yoga mat, water bottle, and a yoga blanket or big towel for seated and restorative poses. All other props are provided. Min/Max: 10/18.

Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/18-8/6	W	5:00-6:00P	\$55/\$65	105096-01

**VIRTUAL ONLY FITNESS CLASSES**

**PILATES**

Age 16+. Exercises focus on the core muscles which include the abs, back, glutes and shoulders. Work to create balance and strength in your trunk and loosen limbs. Pilates strives to make you strong and long while improving balance, coordination and posture. Discover muscles you never knew you had while you work on every part of the body. Items needed: mat, water, green (or medium weight) flex band and a 7.5-9 inch stability ball. All levels with modifications; participants need to be able to get up and down off the floor. Classes will be offered remotely through the Zoom app. Min/Max: 1/30. Remote.

Date	Day	Time	Fee	Code
7/8-8/19	Tu	6:00-6:45P	\$70	105050-19



**15 MINUTE HIIT**

Age 16+. Start your day feeling energized. This high intensity interval training workout is for you if you are short on time. Research shows short bouts of intense exercise can be as effective as longer more moderate workouts. This class makes it easy to fit exercise in your schedule. Class will include a short warm up and cool down, and in-between work intensely with fun and full body moves. Modifications will be given so that you can work at the right pace for you. Classes will be offered remotely through the Zoom app. Min/Max: 1/30. Remote.

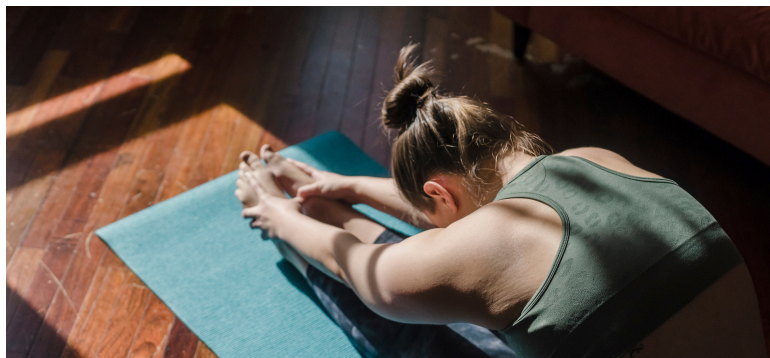
Date	Day	Time	Fee	Code
7/16-8/20	W	8:00-8:15A	\$37	105047-19



**YOGA WITH RIKKI**

Age 16+. Suitable for all levels. Learn the basics, increase strength, vitality and flexibility. Reduce stress and relax while toning your body and mind. Yoga breathing exercises called Pranayama benefits the entire body. Physical activity is good for relieving stress, and this is particularly true of yoga. Class will be offered remotely through the Zoom App. Min/Max: 8/30. Remote. No class 7/4.

Date	Day	Time	Res/NonRes	Code
6/13-8/8	F	9:15-10:00A	\$60/\$65	105093-19



**CARDIO STRENGTH**

Age 16+. This fun class provides a complete workout that will help tone and reshape your body. Target the arms, legs, abs and glutes. In addition to using weights to help build strength, this class incorporates light cardio to improve cardiovascular health. The strength and cardio combo is a great way to improve overall fitness and build bone density. Yoga mat, water and weights recommended. (1-3 lb and 5-8 lb or larger if desired). Min/Max: 1/30. Remote.

Date	Day	Time	Fee	Code
7/16-8/20	W	8:30-9:15A	\$71	105027-19



**CORE STRENGTH**

Age 16+. This functional and fun class provides a complete workout that will help tone and reshape your body. You will use light weights, bands and your own body weight to improve strength, flexibility, balance and stamina to sculpt and tone. Bring a yoga mat, water and light weights. Classes will be offered remotely through the Zoom app. Min/Max: 1/50. Remote.

Date	Day	Time	Fee	Code
7/10-8/21	Th	6:00-6:45P	\$70	105055-19



**BINGO**

\$2 fee includes admission and two bingo cards. cards. 50¢ each additional card. Check monthly newsletter and website for special Bingo events. Held weekly in the Banquet Room. No Bingo on 8/20 and 8/27.

Day	Time	Fee
Wednesday	12:15P	\$2 SC Member \$4 Non-Member

**MAH JONGG**

Keep your mind sharp and enjoy this fascinating rummy-like tile based game. New players are always welcome and instruction available for beginners.

Day	Time	Fee
Tu,Th	9:30A-1:00P	FREE

**SETBACK**

Join our friendly group. Everyone is welcome including singles and partners, beginners and experienced players. **Please arrive no later than 12:15P.** Held weekly in the Banquet Room. No setback on 8/22 & 8/29.

Day	Time	Fee
F	1:00P	\$2 SC Member \$3 Non-Member

**WII BOWLING**

All the fun of bowling without the heavy ball, with benefits of light exercise that improves coordination and balance. Meet new friends and rekindle an old pastime in a new way. Join our group for a little competition and a lot of fun. Beginners welcome.

Day	Time	Fee
Tu	1:00-3:00P	FREE

**RED ONION SENIOR QUILTERS**

Join us to share your love of quilting, your ideas, and to sharpen your skills. All our beautiful small quilts are donated to the Connecticut Children's Medical Center.

Day	Time	Fee
3rd M/month	10:00A-1:00P	FREE

**INFORMAL CARDS, RUMMIKUB, BOARD GAMES**

Join your friends for an informal game of cards or board game of your choice. Call to schedule time or join an existing game. Please contact the Senior Center Coordinator for more information.

**ENTERTAINMENT EVENTS**

Live, fabulous musical entertainment held monthly. Door prizes included in admission. Mondays at 1:00P. Dates, performers, menu and admission price are listed in our monthly newsletters and on our website.

**SENIOR CENTER**

Pitkin Community Center  
30 Greenfield Street  
860-721-2770

[senior.center@wethersfieldct.gov](mailto:senior.center@wethersfieldct.gov)  
[wethersfieldct.gov/senior-center](http://wethersfieldct.gov/senior-center)

Senior Center Coordinator: Amy Miller Dignoti  
Program Assistants: Annette Bowman, Jennifer Stevens.

Please call or email the Senior Center to register for events and programs or to schedule appointments. Senior Center news and updates can be found in our monthly newsletter, on our website, and in the Rare Reminder at the end of each month.

**ANNUAL MEMBERSHIPS**

A Senior Center membership is required to participate in all ongoing classes and programs and qualifies participants for discounted admission to monthly programs. The Center depends on membership dues and class fees for its continued operation. Renewals and new memberships can be completed online, in person at the Senior Center or by completing the membership form.

**\$5 FOR WETHERSFIELD RESIDENTS****\$7 FOR NON-RESIDENTS****Age 90+ FREE****JOIN OUR EMAIL DISTRIBUTION LIST:**

If you would like to receive regular emails and updates programming, events and schedules, as well as important information such as notices on vaccines, tax assistance and services, please email: [senior.center@wethersfieldct.gov](mailto:senior.center@wethersfieldct.gov) to be added to our email distribution list.

**INTERESTED IN HELPING OUT?**

Volunteers are always welcome at the Senior Center. We have opportunities that range from assisting with special events and projects, mailings and notification to members, making phone calls, or regular weekly projects. Perhaps you have a special talent or knowledge base you would like to share! To further discuss volunteer opportunities at the Senior Center, please call 860-721-2770 or email the Senior Center Coordinator at [senior.center@wethersfieldct.gov](mailto:senior.center@wethersfieldct.gov).

# Health & Wellness

## FOOT CARE

Includes cleaning, filing, trimming, reducing corns and calluses by licensed RN. Seniors only. No diabetics. Appointment required.

Day	Time	Fee
1st/3rd W/month	8:30A – 4:00P	\$30



## AUDITORY CONSULTATIONS

Free hearing screenings, wax checks and hearing aid battery replacement. Appointment required. First Thursday every other month.

Day	Time
6/8, 8/7	9:30A-12:00P

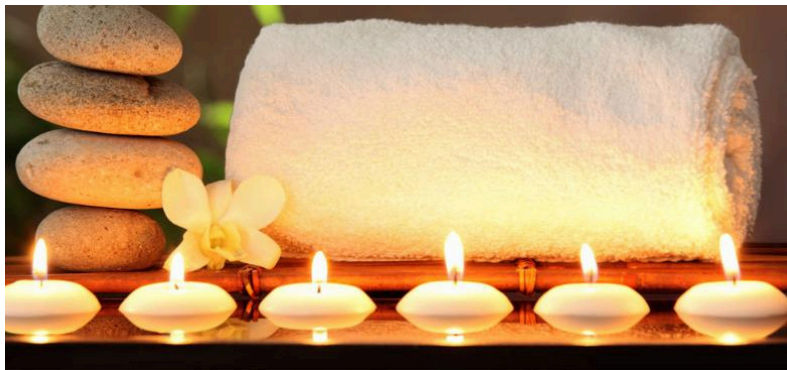


## THERAPEUTIC MASSAGE WITH CONNIE:

### 2nd & 4th WEDNESDAYS; 4th FRIDAY

Licensed massage therapist offers chair and full-table therapeutic massages. Therapeutic massage can be used to reduce stress, decrease pain and increase feelings of calmness and well-being. Appointment required.

30-minute table massage - \$28  
60-minute table massage - \$55



## AARP SMART DRIVING COURSE

Refresh your driving skills and qualify for at least a 5% reduction in your car insurance premiums. **REGISTRATION REQUIRED.**

Date	Time	Fee
4/17, 6/19, 8/14	9:00A-1:00P	\$20 AARP Mbr \$25 Non-AARP

## SENIOR CAFE LUNCH PROGRAM

Join us for a delicious lunch provided by the Community Renewal Team at the Pitkin Community Center. Suggested donation: \$3 for ages 60+ and companion; under age 60 fee is \$10. Reservations required. Call 860-721-2773, to reserve your meal and learn about meal choice and reservation details to dine with us. Visit the Center or our website to view the Cafe monthly menu.

## WETHERSFIELD SENIOR CITIZEN ADVISORY COMMITTEE (SCAC)

Meets monthly, on the third Thursday in the fall, winter and spring. Representatives from the Town of Wethersfield and Town Council meet to discuss topics of interest to Wethersfield residents over the age of 55. For more information or to join us at our next meeting in September, please contact the Senior Center.

Day	Time
3rd Th/month	3:00P

## WETHERSFIELD TECH HELP FOR SENIORS

Tech help for Senior offers individual and small group instruction to help meet all of your technology needs. Our tutors are available for help with iPhones, iPads, Android phones and tablets, fun and useful applications, Windows, Microsoft Office and more.

One-to-One assistance is available by appointment. Sessions are based on your individual needs and questions. Suggested donation of \$10 per hour.

Drop-In Tech Help: First come, first served. Call or check website.

### DROP-IN TECH HELP: APPLE PRODUCTS

Date	Time	Fee
Tu	1:00P – 3:00P	FREE

### DROP-IN TECH HELP: ANDROID/ALL TECH

Date	Time	Fee
Th	10:00A – 12:00P	FREE

## LEGAL RESOURCE

Attorneys from RWC, LLC offers free consultations on legal matters to Senior Center members regarding estate planning, elder law and probate issues. They will determine your legal needs and provides an estimate of costs for her services or a referral for advice from attorneys with other specialties. **APPOINTMENT REQUIRED.**

Date	Time	Fee
3rd Tu/month	10:30A – 12:30P	FREE



**THE ARTIST'S JOURNEY**

Age 55+. Join this free-flowing class, where our talented instructor, Bill, is available to provide individual guidance for your burgeoning self-expression. Bill's passion for painting is contagious. Beginners and experienced painters welcome. Participants are free to work in the medium of their choice. Water-based paint, brushes and canvas boards provided. Min/Max: 7/16. Pitkin Community Center.

Date	Day	Time	Fee	Code
6/12-8/14	Th	10:00-11:30A	\$75	136005-01



**PAINT NIGHT**

Age 55+. Similar to Paint Nights hosted at local restaurants or studios, at a fraction of the cost. Our talented instructor, Joann, will help you create beautiful seasonal paintings during each guided paint class. You don't need to be an "artist" to have a fun experience and create an amazing painting in one session. Fee includes instruction, materials and light dinner. Dinner at 5P; painting begins promptly at 5:30P.\*Visit <https://wethersfieldct.gov/senior-center> to view the painting you will be creating for each class. Min/Max: 5/16. Pitkin Community Center.

Date	Day	Time	Fee	Code
6/10	Tu	5:00 - 7:30P	\$20	136020-01
6/17	Tu	5:00-7:30P	\$20	136020-02
7/1	Tu	5:00-7:30P	\$20	136020-03
7/15	Tu	5:00-7:30P	\$20	136020-04



**BUS TRIPS**

Day and overnight trips are scheduled throughout the year. More information can be found in the monthly newsletter and on our website.

**Blackstone River & Wrights Farm:** May 22; \$121

**Gilded Age of the Berkshires:** June 17; \$134

**Charles River Boat Cruise & The Cheesecake Factory:**

July 8; \$136

**Summertime in Gettysburg, PA** (overnight trip)

August 26-28 - \$669 pp double/triple; \$819 pp single

**AFTERNOON MOVIES**

Join us for a variety of newly released and classic movies on Monday, Wednesday and Thursday. No movies on days when special events are scheduled. Visit the Center or our website to view the monthly movie listings.

Day	Time	Fee
M, W,Th	1:00P	FREE

**LUNCH & LEARN**

Sponsored by the Wethersfield Senior Citizen Advisory Committee. "Personal Safety" presented by the Wethersfield Police Department. Thursday, May 15 at 1P.



**CHAIR YOGA**

Age 55+. Learn yoga basics using a program that adapts easily to any fitness level. All movements can be done seated and will work your core and extremities. Benefits include increased flexibility, strength and relaxation. Min/Max: 15/40.

Date	Day	Time	Fee	Code
<b>Pitkin Community Center</b>				
6/9-8/11	M	11:30A-12:20P	\$40	136235-01
6/12-8/14	Th	11:30A-12:20P	\$40	136235-02
<b>PCC - United Healthcare Active Renew</b>				
6/9-8/11	M	11:30A-12:20P	FREE	136235-11
6/12-8/14	Th	11:30A-12:20P	FREE	136235-12
<b>Remote</b>				
6/9-8/11	M	11:30A-12:20P	\$40	136235-19
6/12-8/14	Th	11:30A-12:20P	\$40	136235-20
<b>Remote - United Healthcare Active Renew</b>				
6/9-8/11	M	11:30A-12:20P	FREE	136235-99
6/12-8/14	Th	11:30A-12:20P	FREE	136235-98



SilverSneakers is a health and fitness program designed for adults 65+ that's included with many Medicare Advantage plans. The goal? To help you stay strong in body, mind, and spirit. Regular physical activity keeps your heart, brain, bones, muscles, and joints healthy.

**SILVER SNEAKERS  
STRENGTH AND BALANCE**

Age 55+. Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activities for daily living. Hand-held weights, elastic tubing with handles and an 8" ball are utilized for resistance training. A chair may also be used for seated exercises or standing support. The class is held at the Senior Center and features remote instruction via live streaming on a large-screen television. Participants and the instructor communicate through the Zoom application. Min/Max: 5/30.

Date	Day	Time	Fee	Code
<b>Pitkin Community Center</b>				
6/10-8/12	Tu	10:00-10:45A	\$40	136260-01
6/12-8/14	Th	10:00-10:45A	\$40	136260-02
<b>PCC - United Healthcare Active Renew</b>				
6/10-8/12	Tu	10:00-10:45A	FREE	136260-11
6/12-8/14	Th	10:00-10:45A	FREE	136260-12
<b>Remote</b>				
6/10-8/12	Tu	10:00-10:45A	\$40	136260-19
6/12-8/14	Th	10:00-10:45A	\$40	136260-20
<b>Remote - United Healthcare Active Renew</b>				
6/10-8/12	Tu	10:00-10:45A	FREE	136260-99
6/12-8/14	Th	10:00-10:45A	FREE	136260-98

**STRENGTH CONDITIONING AND BALANCE**

Age 55+. Roba Physical Therapy and Wellness will help you stay active and safe. Having good balance and stability is integral to our everyday life. This class will get you moving in a safe and active way while providing an exercise routine that can be done in the comfort of your own home to help with your balance and stability. Min/Max: 10/30. Pitkin Community Center.

Date	Day	Time	Fee	Code
6/13-8/15	F	10:45-11:35A	\$40	136255-01
6/13-8/15	F	10:45-11:35A	FREE	136255-11

**WALKING DVD**

MEMBER DIRECTED. Our group of walkers follows a DVD that incorporates simple aerobic exercises with a continuous walk in place. Upbeat music keeps you motivated and invigorated. Beginners welcome.

No class 4/7, 5/29, 8/19-9/2.

**Day** M, W, F  
**Time** 10:00-11:00A  
**Fee** FREE for SC members



**BETTER HEALTH AND IMPROVING BALANCE  
WITH TAI CHI/QIGONG**

Age 55+. Participating in this class has many benefits including improved flexibility, strength, balance and mental focus. Through gentle movements from T'ai Chi Chuan along with teachings from the ancient healing system Qigong this class will help reduce pain; boost concentration and increase energy. Movements can be adapted for all fitness levels. Sessions include movements and meditation in both standing and/or sitting positions. Students will leave with a routine and tips for sustaining a daily practice. Min/Max: 9/40.

Date	Day	Time	Fee	Code
<b>Pitkin Community Center</b>				
6/18-7/30	W	10:30-11:20A	\$28	136252-01
<b>PCC - United Healthcare Active Renew</b>				
6/18-7/30	W	10:30-11:20A	FREE	136252-11
<b>Remote</b>				
6/18-7/30	W	10:30-11:20A	\$28	136252-19
<b>Remote - United Healthcare Active Renew</b>				
6/18-7/30	W	10:30-11:20A	FREE	136252-99



**SENIOR PICKLEBALL**

Age 55+. Beginner/intermediate indoor Pickleball play on Mondays and Wednesdays. Net will be provided, but please bring your own racquet. Racquets to borrow may be available upon request. Member directed. General knowledge of Pickleball is required. This is a senior center program and requires a current senior center membership. Min/Max: 6/12. Pitkin Community Center.

Date	Day	Time	Fee	Code
<b>Beginner</b>				
6/9-8/11	M	5:00-7:00P	\$30	108351-01
<b>Intermediate</b>				
6/11-8/13	W	5:00-7:00P	\$30	108351-02

**Eleanor Buck Wolf Nature Center**

156 Prospect St, Wethersfield, CT 06109 Phone: (860) 721-2780

**Friends of the Nature Center Membership Registration Form****HOUSEHOLD CONTACT INFORMATION – ALL INFORMATION MUST BE COMPLETED**

Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Annual Memberships	Registration Fee	Lifetime Memberships	Registration Fee
<input type="checkbox"/> Individual	\$15	<input type="checkbox"/> Individual	\$500
<input type="checkbox"/> Family	\$25	<input type="checkbox"/> Family	\$1000
<input type="checkbox"/> Group (Non-Profit, School, Scouts etc.)	\$40		
<input type="checkbox"/> Guardian of Nature	\$65 (Includes Pin and T Shirt)		

Is this a renewal or new membership  Renewal  New

	Member Info – Name	Age	DOB		Member Info - Name	Age	DOB
Adult 1				Child 2			
Adult 2				Child 3			
Child 1				Child 4			

Payment Type:  Check # \_\_\_\_\_  Cash \_\_\_\_\_  Credit Card**Membership Subtotal** \$ \_\_\_\_\_**Friends Donation** + \_\_\_\_\_Credit Card Signature \_\_\_\_\_ Date \_\_\_\_\_ **Total Amount** \$ \_\_\_\_\_

I agree to pay the total amount according to the cardholder agreement.

 Visa  Mastercard  Discover \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_**The Friends is an IRS 501-c3 non-profit corporation. Contributions are tax deductible to the extent permitted by law.****For more information please visit: [www.wethersfieldct.gov/ebwnaturecenter](http://www.wethersfieldct.gov/ebwnaturecenter)**

**Wethersfield Senior Center**

30 Greenfield Street, Wethersfield, CT 06109 Phone: (860) 721-2770

**Senior Center Program and Membership Registration Form****HOUSEHOLD CONTACT INFORMATION – ALL INFORMATION MUST BE COMPLETED**

Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
 Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
 Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Cell \_\_\_\_\_ Email \_\_\_\_\_  
 Address \_\_\_\_\_ DOB \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

**PROGRAM REGISTRATION**

Participant	M/F	DOB	Program Name	Program Code	Fee

**Silver Sneakers #:****UHC Active Renew #:**

Special Information (allergies, medical conditions, medications, etc.) \_\_\_\_\_

 Renewal Membership New Membership \$5.00 – Resident \$FREE – Age 90+ \$7.00 - Non-Resident**WAIVER – READ CAREFULLY AND SIGN BELOW**

I acknowledge there are certain risks in participating in a recreational activity and agree to assume the risk of injury which I and/or my child may encounter. I grant permission to seek emergency, medical care on behalf of myself and/or child. (Medical approval is suggested for those participating in any exercise class.) I further agree I will not hold employees of the Town of Wethersfield or its agents liable for any injuries which I and/or my child may encounter. I grant permission for transportation in authorized vehicles for Parks & Recreation activities and for photographs to be taken for department publicity unless otherwise noted in writing. In addition, I acknowledge all household information provided is true and accurate. The Parks & Recreation Department may request further verification regarding the information provided.

**Adult Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_**PAYMENT INFORMATION – MAKE CHECKS PAYABLE TO THE TOWN OF WETHERSFIELD**Payment Type:  Check # \_\_\_\_\_  Cash \_\_\_\_\_  Credit Card **Program Fees Subtotal \$** \_\_\_\_\_Credit Card Signature \_\_\_\_\_ Date \_\_\_\_\_ **Total Amount \$** \_\_\_\_\_

I agree to pay the total amount according to the cardholder agreement. Please refer to refund policy in brochure.

 Visa  Mastercard  Discover \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_

**Wethersfield Parks & Recreation Department**

505 Silas Deane Highway, Wethersfield, CT 06109 Phone: (860) 721-2890 wethersfieldct.gov/recreation

**Program Registration Form****HOUSEHOLD CONTACT INFORMATION – PLEASE FILL OUT COMPLETELY**

Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Email Address \_\_\_\_\_ Emergency  
Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_**PROGRAM REGISTRATION**

Participant	M/F	Grade in Spring	DOB	Program Name	Program Code	Fee

Special Information (allergies, medical conditions, medications, etc.) \_\_\_\_\_

**POOL PASS Individual Pass - \$40 Family Pass - \$65 (Limited to 2 adults and the children living in household)**

Individual Pass - First & Last Name	Age	DOB

	Family Pass - Name	Age	DOB	Family Pass - Name	Age	DOB
Adult 1						
Adult 2						

**WAIVER - READ CAREFULLY AND SIGN BELOW**

I acknowledge there are certain risks in participating in a recreational activity and agree to assume the risk of injury which I and/or my child may encounter. I grant permission to seek emergency, medical care on behalf of myself and/or child. (Medical approval is suggested for those participating in any exercise class.) I further agree I will not hold employees of the Town of Wethersfield or its agents liable for any injuries which I and/or my child may encounter. I grant permission for transportation in authorized vehicles for Parks & Recreation activities and for photographs to be taken for department publicity unless otherwise noted in writing. In addition, I acknowledge all household information provided is true and accurate. The Parks & Recreation Department may request further verification regarding the information provided.

Adult Signature: \_\_\_\_\_ Date \_\_\_\_\_

**PAYMENT INFORMATION**Payment Type:  Check # \_\_\_\_\_  Cash \_\_\_\_\_  Credit Card**Program Fees Subtotal \$** \_\_\_\_\_**Donation for camp fund** (Provides assistance for families unable to afford program fees for summer camp.)**Donation +** \_\_\_\_\_  
(optional)

Credit Card Signature \_\_\_\_\_ Date \_\_\_\_\_

**Total Amount \$** \_\_\_\_\_

I agree to pay the total amount according to the cardholder agreement. Please refer to refund policy in brochure.

 Visa  Mastercard  Discover \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_

# Summer 2025

Words can be found in any direction (including diagonals) and can overlap each other.  
Use the word bank below.



S N C D L C Z T X W  
D N Z A A S K I C I  
O Q F M K Z N W O L  
O K P R S W R S V L  
W F A E T R N S E A  
L P L R R E U E O R  
L O A Z O M F N E D  
I D O U P M V T W M  
M M M P S U N I C S  
U V V L X S H F V S

## Word Bank

POOL  
WILLARD  
PARKS

CAMP  
COVE  
MILLWOODS

FUN  
FITNESS

SUMMER  
SPORTS

