

Please call 860-721-2955 one day in advance between 10a-11:30a to reserve a meal.

SENIOR COMMUNITY CAFÉ - MENU CALENDAR - AUGUST 2018

Changing Lives... Creating Opportunity!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6 Meatloaf w/ Gravy Potato Puffs Capri Blend Vegetables 100 % Whole Wheat Bread Pears</p>	<p>7 Orange Juice Turkey Divan w/ Broccoli Mashed Potatoes 100 % Whole Wheat Bread Pineapple Tidbits</p>	<p>8 Hawaiian Style Roast Pork Rice Pilaf Peas 12 Grain Bread Mandarin Oranges</p>	<p>9 Chicken Vegetable Soup Chicken Caesar Salad w/ Spring Greens (Chicken/ Shredded Parmesan Cheese)/ Cucumbers/ Cherry Tomatoes/ Caesar Salad Dressing / Croutons/ Frosted Chocolate Brownie</p>	<p>10 Italian Sausage w/ Red, Green Peppers w/ Italian Sauce Ziti w/ Tomato Basil Sauce Carrots Italian Bread Peaches</p>
<p>13 Cran-Apple Juice Tuna Salad on Multi-Grain Roll Sliced Tomatoes & Shredded Lettuce Sweet Potato Wedges Fruit Cocktail</p>	<p>14 Grape Juice Grande Cheese Ravioli w/ Tomato Sauce Garden Salad Greens w/ Cherry Tomatoes, Cucumbers Raspberry Salad Dressing Squash Medley Wheat Dinner Roll Wholegrain Fruit Oatmeal Bar</p>	<p>15 BBQ Pork Ribeyeque Carnival Rice French-Style Green Beans Oatnut Bread Fresh Orange</p>	<p>16 Roast Beef w/ Gravy Chive Mashed Potatoes Chuck Wagon Blend Vegetables 100 % Whole Wheat Bread Pears</p>	<p>17 Potato Crumbed Fish Tartar Sauce Lyonnais Potatoes Scandinavian Blend Vegetables 100 % Whole Wheat Bread Applesauce</p>
<p>20 Hamburger w/ Broth on Multi-Grain Bun Sliced Tomatoes & Leaf Lettuce / Tortellini Salad/ Mustard, Ketchup, Relish Fresh Orange</p>	<p>21 Orange Juice Oven-Fried Chicken Baked Beans Red, Green, Purple Cabbage Coleslaw Corn Muffin Chocolate Chip Cookie</p>	<p>22 Country Vegetable Soup Garden Salad Greens/ Cherry Tomatoes/ Cucumbers/ Onions w/ Grilled Chicken Strips/ Cheddar Cheese/ Italian Dressing/ Salitine Crackers Peaches</p>	<p>23 Macaroni & Cheese Stewed Tomatoes & Zucchini Tossed Salad/ Greens w/ Cherry Tomatoes & Cuc Raspberry Salad Dressing Wheat Dinner Roll Fruit Cocktail</p>	<p>24 Stuffed Salmon Boat w/ Seafood Sauce Wild Rice Mixed Vegetables Dinner Roll Mandarin Oranges</p>
<p>27 Orange Juice Barbeque Pulled Pork on Multi-Grain Bun Potato Salad Marinated Three Bean Salad Tapioca Pudding W/ Whipped Topping</p>	<p>28 Salisbury Steak w/ Vegetable Gravy Boiled Potatoes Caribbean Blend Vegetables Wheat Dinner Roll Applesauce</p>	<p>29 CRT Celebrates August Birthdays Boneless Chicken Breast w/ Gravy Brown & White Rice Broccoli & Cauliflower 12 Grain Bread Frosted Cake/ Fresh Fruit</p>	<p>30 Pot Roast w/ Gravy Oven Roasted Potatoes Brussels Sprouts Dinner Roll Peaches & Pears</p>	<p>31 Grape Juice Tuna Noodle Casserole Peas & Diced Carrots 100 % Whole Wheat Bread Fresh Banana</p>

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses. All meals are served with milk, bread and margarine. SUGGESTED DONATION: \$2.50 (or whatever you can afford)