

Silas Deane Middle School

After School Achievement Program

Fall 2021



After School Achievement Programs (a.s.A.p.), sponsored by Wethersfield Social and Youth Services, in collaboration with Silas Deane Middle School offers after-school enrichment activities to 7th and 8th grade students.

There will be no after-school activity program on half days, snow days or holidays unless otherwise specified. If registration places a financial burden on your family, please contact Wethersfield Social and Youth Services, a SDMS administrator or a guidance counselor.

If you have any questions, please contact Patrick Telman at 860-721-2981.

BASIC BAKING

Learn the basics of baking. Select recipes, prepare baked goods, taste finished products and compete in baking competitions. Make cupcakes, iced sugar cookies, muffins, cinnamon rolls and more. No class 11/24 & 12/1.

Date	Day	Time	Fee	Code
10/27-12/22	W	2:35-4:30P	\$50	234020-02



DE-STRESS AND RELAXATION

While stress can become a common occurrence with today's academic, social, athletic, and family pressures, participants will learn relaxation techniques. Stress management strategies will emphasize relaxation, communication, and techniques to reduce stress in personal and academic areas. This will include crafting tools (stress balls, sensory jars) and practicing basic yoga and meditation techniques. No class 11/24.

Date	Day	Time	Fee	Code
10/28-12/16	Th	2:35-3:35P	\$35	234050-02



OKINAWAN SHORIN-RYU KARATE

This course introduces the wonderful, ancient art of Shorin-Ryu Karate as taught by Grandmaster Eizo Shimabukuro. Learn how to defend yourself, to gain confidence, self-control and discipline through rigorous exercise, a positive attitude and perseverance. I look forward to helping you on this journey. No class 11/22.

Date	Day	Time	Fee	Code
10/25-12/6	M	2:35-3:35P	\$35	334240-01



FALL INTRAMURALS

Join after school and play a variety of sports and games with your friends. Activities will run Monday, Wednesday and Thursday from 2:35 - 3:20 p.m. Monday will be Kickball, Wednesday will be Wiffleball and Thursday will be 4 Pin. (students will be able to take late bus home). No class 11/22, 11/24, 11/25

Date	Day	Time	Fee	Code
10/25-12/13	M	2:35-3:35P	\$35	234460-05
10/27-12/15	W	2:35-3:35P	\$35	234460-06
10/28-12/16	Th	2:35-3:35P	\$35	234460-07



After School Achievement Programs (a.s.a.p.) - continued



HOMWORK CLUB / EXTRA HELP

Students will work on homework and get help with assignments in a quieter, structured setting with guidance and assistance as needed.



Date	Day	Time	Fee	Code
10/25-12/17	M, W, Th	2:35- 3:35P	FREE	NO REGISTRATION

EXTENDED HOMEWORK CLUB / EXTRA HELP

Students can continue to work on homework and get help with assignments in a quieter, structured setting, or after participating in other programs that run from 2:35 -3:35 p.m.

Date	Day	Time	Fee	Code
10/25- 2/17	M, W, Th	3:35- 4:30P	FREE	NO REGISTRATION

LIBRARY / MEDIA CENTER AFTER SCHOOL USE

Students can use the school library to work collaboratively or independently after school on homework or research or choose to participate in activities which will be set up for students to explore.

Days will be themed:

- Makerspace Mondays (creative/making or STEAM stations)
- Whimsical Wednesdays (writing/reading/literary events or activities)
- No Tech Thursdays (puzzles, board games, cards).

Date	Day	Time	Fee	Code
10/25-12/17	M, W, Th	2:35- 3:35P	FREE	NO REGISTRATION

