


SENIOR COMMUNITY CAFÉ MENU CALENDAR – AUGUST 2019

Please call (860)721-2955 between 10am-11:30am the day before you wish to join us for lunch...

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	Orange Juice Turkey Divan w/ Broccoli Baked Potato 100 % Whole Wheat Brd Fruit Cocktail	2	CAFÉ CLOSED
5	Beef Chili / Shredded and Cheese Baked Potato Sliced Carrots Wheat Dinner Roll Fresh Orange	6	Orange Juice BBQ Pulled Pork on Multi-Grain Bun Tortellini Salad Red, Green, Purple Cabbage Coleslaw Fruit Cocktail	7	Roast Beef w/ Gravy Mashed Potatoes Chuck Wagon Blend Vegetables 100 % Whole Wheat Bread Applesauce	8	Grape Juice Potato Crumbed Fish Tartar Sauce Lyonnais Potatoes Caribbean Blend Veggies Oatnut Bread Tapioca Pudding / Topping	9	CAFÉ CLOSED
12	Hamburger w/ Broth on Multi-Grain Bun Sliced Tomatoes & Shredded Lettuce/ Ketchup, Mustard, Relish Potato Salad Fresh Orange	13	Teriyaki Chicken Strips / Brown & White Rice / Broccoli Florets / Dinner Roll Pineapple Tidbits	14	Butter Crumb Breaded Pollock Mashed Potatoes Green Beans Tartar Sauce Dinner Roll Fruit Cocktail	15	Orange Juice Macaroni & Cheese Stewed Tomatoes Wheat Dinner Roll Frosted Cake	16	CAFÉ CLOSED
19	CAFÉ CLOSED	20	CAFÉ CLOSED	21	CAFÉ CLOSED	22	CAFÉ CLOSED	23	CAFÉ CLOSED
26	Lemon Baked Chicken Cornbread Stuffing Broccoli & Cauliflower Oatnut Bread Peaches	27	Grape Juice Tuna Salad on Multi- Grain Bun / Sl Toms & Shredded Lettuce / Sweet Potato Wedges P'Apple Tidbits	28	Orange Juice Apple-Glazed Pork Loin Rice Pilaf / Peas 12 Grain Bread Whole Grain Fruit Oatmeal Bar	29	Apple Jce / Garden Salad Greens/ Cherry Toms, Cucs, Onions/ Grilled Chicken Strips / Cheddar Cheese Ranch Dressing / Wheat Roll / Fresh Orange	30	CAFÉ CLOSED

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses. Lunch begins at 11:30am. All meals are served with milk, bread and margarine. SUGGESTED DONATION: \$2.50 (or whatever you can afford)