

WETHERSFIELD SENIOR CENTER OCTOBER PROGRAMS

860-721-2979 www.wethersfieldct.gov/senior-center 860-781-0300
senior.center@wethersfieldct.gov

The Senior Center is open for most programs. Many in-person workshops, events, programs & services are being held in-person, and we continue to offer remote programming as well. Please note some programs **REQUIRE PRE-REGISTRATION**. **Masks are required to be worn while in the Community Center.**

For more information on senior center activities and to register please call **860-721-2979** or email senior.center@wethersfieldct.gov.

***ALL EVENTS AND PROGRAMS ARE SUBJECT TO CHANGE.**

PLEASE CALL THE WSC OR VISIT OUR WEBSITE FOR UPDATES, CANCELLATIONS, TIME CHANGES, MASK WEARING AND SOCIAL DISTANCING PROTOCOLS.

MONDAY, OCTOBER 11: SENIOR CENTER CLOSED FOR HOLIDAY

SENIOR CENTER IN -PERSON EVENTS, PROGRAMS & WORKSHOPS

FALL ENTERTAINMENT: AIRBORNE!

OCTOBER 18 AT 1PM

GOOD FRIENDS, GOOD MUSIC, A GREAT AFTERNOON OF ENTERTAINMENT! The perfect way to celebrate Fall & return of Senior Center Activities! Enjoy a festive performance by our musical guests, Airborne, as they play a large variety of party favorites, from Cool Jazz to Island Music and Motown...you will not want to miss this show! \$3 for WSC members-, \$6 for non-WSC member, includes admission, beverage, take home treat and raffle prize. Please call 721-2979 or email senior.center@wethersfieldct.gov to reserve your seat today!

WETHERSFIELD SOCIAL SERVICES: HOW MAY WE HELP YOU?

THURSDAY, OCTOBER 28 AT 1:30PM

Wethersfield offers many services to our community. Join us for an informative session on available, programs that can save you money and services that may help you with transportation, housing and get ready for **Medicare Open Enrollment** (October 15-December 7). **FREE:** Giveaways, raffle prize and refreshments.

COMMUNITY PROGRAMS

DRIVE-THRU FLU CLINICS: APPOINTMENTS REQUIRED

OCTOBER 7: 2PM-6PM AND OCTOBER 19: 10AM-2PM

Pitkin Community Center Parking Lot; 30 Greenfield Street

Flu clinics will be provided by the Central Connecticut Health District. Please be advised, all vaccinations are by **APPOINTMENT ONLY** and must be scheduled **ONLINE**. Appointments are limited and will be scheduled on a first reserved, first served basis.

- **For more information and to schedule your appointment please visit:**
<https://www.ccthd.org/vaccine-portal>
- **No access to a computer or do you need online scheduling assistance?** Please call CCHD (860) 785-8380 x 216; leave a voicemail and someone will return your call to assist you.

Covid vaccinations/booster shots will NOT be available at these clinics. For more information on Covid vaccinations, booster shots (who is eligible, where and how to schedule an appointment), please visit: <https://www.ct.gov/covidvaccine>

SATURDAY, OCT. 16: 9AM-12PM

DRIVE THRU SHREDDING EVENT & FOOD DRIVE

Pitkin Community Center Parking Lot; 30 Greenfield Street

Shredding: Drive right up; volunteers will remove your shredding from your trunk or back seat for you.

- For Wethersfield residents and WSC members only. • Limit 4 small boxes/shopping bags per household.
- Paper products only, no 3-ring binders.

Wethersfield Food Bank Holiday Food Drive: Donation to food bank is voluntary.

- Accepting food and monetary donations. • Please no perishable or expired food items.
- Please visit www.wethersfieldct.gov/social for list of food items needed. Details on WSC website.

**AARP SMART DRIVER COURSE: IN PERSON CLASSES CANCELLED THROUGH DECEMBER 2021
VIRTUAL CLASSES BEING HELD OCTOBER 13 AND NOVEMBER 10: PRE-REGISTRATION REQUIRED**

Refresh your driving skills and qualify for at least a 5% reduction in your car insurance premiums. If you are interested in attending one of the Virtual Smart Driver Courses but do not have access to a computer or device, we will be offering the Virtual Class at the Senior Center, using one of our iPads or tablets, Limited space available. \$20AARP members/\$25 non-members. For more information, contact the Center.

CRT LUNCH PROGRAM: CRT continues to offer weekly pickup of (5) frozen prepared meals for suggested donation of \$15. Please contact the Senior Center no later than the Thursday prior to Monday pickup to reserve your meals. At this time the Senior Café remains closed.

AFTERNOONS AT THE MOVIES AT 1PM:

MONDAY, OCTOBER 4: "CALL OF THE WILD" Action Adventure (PG) 2020 1hr 40 mins

This film adaptation brings to life Jack London's classic tale of a canine who's stolen from his California home and ends up as a sled dog in Alaska, where he becomes prospector John Thornton's steadfast companion.

THURSDAY, OCTOBER 14: "A MAN CALLED OVE" Comedy (PG-13) 2016 1hr 56 mins

Despite being removed as president of his condo's resident association, misanthrope Ove continues to plague his neighbors with dictatorial demands. But when Ove's new neighbor runs over his mailbox, the old crank finds he's met his match.

THURSDAY, OCTOBER 21: "I STILL BELIEVE" Heartfelt Biographical Drama (PG) 2020 1hr 55mins

This affecting biopic chronicles Christian music headliner Jeremy Camp's journey back to a place of hope and the redoubling of his faith despite personal heartbreak and tragedy.

MONDAY, OCTOBER 25: "PRIMAL FEAR" Thriller, Based on Book (PG) 1996 2hrs 2mins

When an altar boy is found running from a murder scene, his conviction seems certain. But when an arrogant defense attorney steps in, the issue of the boy's possible guilt may be less important than winning the case.

BUS TRIPS

***ALL DAY TRIPS ARE WITH FRIENDSHIP TOURS. *SEATING LIMITED**

*** FRIENDSHIP TOURS FOLLOWS THEIR SAFE JOURNEY HEALTH & SAFETY PROTOCOLS ON ALL TRIPS**

***CALL THE CENTER FOR MORE INFORMATION & TO RESERVE YOUR SPOT**

NOVEMBER 10: GRAND OAK VILLA; BOB HOPE USO STYLE TRIBUTE

DECEMBER 8: NEWPORT PLAYHOUSE CABERET LUNCHEON; "A CHRISTMAS FOR CAROL"

FALL 2021 ART & EXERCISE CLASSES

FALL CLASSES have begun. For more information and registration please contact the Senior Center.

To view the Fall brochure please visit: <https://wethersfieldct.gov/recreation>

Fall session is provided in 2 sessions. Session 2 begins in November.

Questions, late registration requests, please call 860-721-2979 or email senior.center@wethersfieldct.gov

- **NEEDLE FELTING:** MONDAYS, 10-11:30AM (IN-PERSON)
- **ARTIST'S JOURNEY:** WEDNESDAYS, 10-11:30AM (IN-PERSON)
- **CHAIR YOGA:** MONDAYS, 11:30-12:20PM and THURSDAYS, 2:00-2:50PM (IN-PERSON & REMOTE)
- **IMPROVING MOVEMENT & BALANCE:** TUESDAYS, 1-2PM (SESSION 1 CANCELLED)
- **T'AI CHI FOR BETTER HEALTH:** WEDNESDAYS, 10:30AM-11:30AM (REMOTE)
- **FIT & FABULOUS WITH GIA:** FRIDAYS, 11:30AM-12:20PM (REMOTE)
- **SILVERSNEAKERS STRENGTH & BALANCE:** TUESDAYS OR THURSDAYS: 11-11:45AM (REMOTE)

- **SILVER Sneakers Stability:** FRIDAYS; 9AM-9:45AM (REMOTE)

WETHERSFIELD COMPUTER LEARNING CENTER

For information or to register for WCLC classes please email: wethcomputerlearningctr@gmail.com

OCTOBER DROP IN ASSISTANCE: THURSDAYS 10 AM – Assistance with Windows 10 and/or MS Office. Bring Your Questions on Windows 10, Microsoft Word, Excel, Outlook or Access. \$5 donation.

OCTOBER REMOTE TECH CLASSES AT 1PM

- **Tuesday, October 5: Contacts on iPad**
- **Tuesday, October 12: Texting on iPad**
- **Tuesday, October 19: Settings on iPad**
- **Tuesday, October 26: Calendar on iPad**

ONE ON ONE TECHNOLOGY INSTRUCTION: We also offer **individual instruction on iPhones, iPads, Android phones, Android notebooks and tablets; Windows10 and Microsoft Office.** Sessions are based on your individual needs and questions. Tutoring will be conducted over the phone or by scheduling an in-person appointment. \$10/hour.

ADDITIONAL SERVICES & CLUBS

To schedule appointments, please call **860-721-2979** or email senior.center@wethersfieldct.gov.

FREE HEARING SCREENINGS/AUDITORY CONSULTATIONS

BY APPOINTMENT ONLY... PLEASE CALL OR EMAIL FOR AN APPOINTMENT... NO WALK-INS

Includes hearing screening, wax checks & free hearing aid battery

FREE LEGAL CONSULTATION – TUESDAY, OCTOBER 19; 10AM-12PM

BY APPOINTMENT ONLY... PLEASE CALL OR EMAIL FOR AN APPOINTMENT... NO WALK-INS

FREE half-hour consultations available with Atty. Joan Wilson from Wilson, Pinder & Snow LLC.

FOOTCARE CLINICS – WEDNESDAY, OCTOBER 13

BY APPOINTMENT ONLY... PLEASE CALL OR EMAIL FOR AN APPOINTMENT... NO WALK-INS

Cleaning, filing, trimming toenails, reducing corns & calluses for seniors. No Diabetics. Fee \$30

MASSAGE with CONNIE: WEDNESDAY, OCTOBER 20 & 27

BY APPOINTMENT ONLY... PLEASE CALL OR EMAIL FOR AN APPOINTMENT... NO WALK-INS

SENIOR PRICING FOR WSC MEMBERS.

WETHERSFIELD STROKE CLUB: Looking for a support group for stroke survivors and their families? Contact Joan Haines at 860-529-2281 or go to www/strokesupport-ct.org for more information.

RED ONION SENIOR QUILTERS: MONDAY, SEPT. 20; 10AM

Share your love of quilting and sharpen your skills. All skill levels welcome. The group meets monthly to share quilting techniques, works on a “block of the month” and quilts for local charities and hospitals.

WETHERSFIELD LIBRARY HOMEBOUND SERVICES delivers books, audiobooks, and music CDs to your door on a once-a-month basis to homebound residents of Wethersfield. For more information call the Wethersfield Public Library at 860-529-2665 or visit www.wethersfieldlibrary.org.

WETHERSFIELD SOCIAL & YOUTH SERVICES (860)721-2977

The WS&YS Department is available to provide assistance and services if you are experiencing financial difficulties or need access to food, basic needs, or transportation.

ELDERLY SERVICES: Contact Chris Taylor, social worker, Municipal Agent for the Elderly and Veteran’s Resource person for information regarding federal, state and local assistance programs such as energy assistance, renters rebate, tax assistance, food stamps, housing resources, obtain services to remain at home and

more. Chris, also a certified CHOICES counselor, can help with your Medicare questions and decisions. 860-721-2977 or email chris.taylor@wethersfieldct.gov.

FREE REMOTE LEARNING & ENTERTAINMENT AT HOME

Log in to **FREE Remote Workshops**. No access to technology? **Many programs can be accessed by phone!**

TO REGISTER EMAIL senior.center@wethersfieldcvt.gov OR CALL 860-721-2979

Assistance available to access remote programming... call for more information

Check our website at www.wethersfieldct.gov/senior-center for full schedule of programs.

- **AARP REMOTE EVENTS**
<https://states.aarp.org/connecticut/events-ct/?cmp=RDRCT-49a47122-20201006>
- **HARTFORD HEALTHCARE REMOTE EVENTS**
<https://hhcseniorservices.org/health-wellness/myhealthy-advantage/events>

MARK YOUR CALENDARS: UPCOMING PROGRAMS

- **ENTERTAINMENT AT 1PM:**
 - **NOVEMBER 8TH WITH WILLIE & JAN**
 - **DECEMBER 20TH HOLIDAY SHOW WITH JIMMY MAZZ!**

SENIOR CITIZENS ADVISORY COMMITTEE

The Wethersfield Senior Citizen Advisory Committee (SCAC) is looking for new members. The SCAC meets monthly, on the third Thursday at 3pm. The committee meets with representatives from the Town of Wethersfield departments of Parks and Recreation, Social & Youth Services, and Town Council to discuss topics of interest to Wethersfield residents over the age of 55. For more information, or to join us at our next meeting on October 21, please call the SCAC chair, Janice Di Roberts at 860 966 8051.

2021 SENIOR CENTER MEMBERSHIP:

**THANK YOU FOR YOUR CONTINUED SUPPORT THAT HELPS US PROVIDE
OUR MEMBERS ONGOING SERVICES AND PROGRAMMING!**

ANNUAL DUES ONLY \$5 FOR WETHERSFIELD RESIDENTS - \$7 FOR NON-RESIDENTS