


WETHERSFIELD SENIOR COMMUNITY CAFÉ MENU CALENDAR

April 2026

Menu is subject to change

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	Please be advised that our food may come in contact with or contain peanuts, tree nuts, soy, milk, eggs, wheat, sesame, shellfish or fish.		Please advise staff of allergy prior to meal service.	1	3 oz Baked Tilapia with Mango Salsa 1/2c Rice 1/2c Vegetable Medley slice Wheat Bread Fresh Fruit	2		3	Closed Good Friday
6	3 oz Honey Garlic Diced Pork 1/2c Spanish Rice 1/2c Peas slice Wheat Bread Fresh Fruit	7		8	3 oz Meatloaf with Vegetable Gravy/ 1/2c Elbow Macaroni 1/2c Chuckwagon Vegetables slice 100 % Wheat Bread Fresh Fruit	9		10	
13	Slice of Quiche 1/2c Potato Wedges with Ketchup 1/2c California Vegetables Fresh Fruit	14		15	Glazed Spiral Ham Day 3 oz Slice Maple-Glazed Spiral Ham 1/2c Cut-Up Sweet Potatoes 1/2c Prince Edward Vegetables Cornbread Loaf Yogurt 1/2c Juice	16		17	
20	3oz MILD BBQ Chicken Drumstick 1/2c Mashed Potatoes 1/2c Spinach Wheat Bread Fresh Fruit	21		22	3oz Breaded Veal Patty with Marinara & Parmesan Cheese 1/2 c Ziti with Marinara Sauce 1/2c Baby Carrots Garlic Knot Fresh Fruit	23		24	
27	3oz Kielbasa Link ½ c Perogies with Caramelized Onions ½ c Gr Beans slice 100 % Wheat Bread Pudding Cup	28		29	8 oz Vegetable Soup & Saltines 3 oz Calzone With Dipping Sauce Fresh Fruit	30			

Elderly Nutrition Program meals, provide by CRT, are served to persons 60 years of age or older and their spouses or companion. All meals are served with milk, bread, and margarine. **SUGGESTED DONATION: \$3.00** (or what you can afford.)

FOR RESERVATIONS, please call **860-721-2773** by 12 noon Wednesday for Monday reservation; 12 noon Monday for Wednesday Reservation.

*Please notify us 24 hours in advance, if you know you need to cancel your reservation. Thank you!