




SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR- JANUARY-2018



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
CRT CLOSED 		2 Stuffed Green Pepper w/Marinara Sauce Shell Pasta w/Marinara Sauce Green & Yellow Wax Beans Wheat Dinner Roll Fruit Cocktail	3 Cream of Broccoli Soup Roast Chicken w/Veg Broth Mashed Potatoes Spinach 12 Grain Bread Fresh Orange	4 Baked Ham w/Raisin Sauce Baked Potato Squash Oatnut Bread Peaches	5 Macaroni & Cheese Spinach Salad w/Cherry Tomatoes & Cucumber Italian Dressing Cub Roll Pineapples & Mandarins				
8 Swedish Meat Balls w/Gravy Bowties Peas & Diced Carrots Wheat Bread Peaches & Pears	9 Cran-Apple Juice Oven Fried Chicken Mashed Potatoes Corn Oatnut Bread Mandarin Oranges	10 Orange Juice Roast Pork a La Orange Sweet Potatoes & Apples Caribbean Blend Vegetables Corn Muffin Fresh Banana	11 Grape Juice Beef Chili w/beans & Shredded Cheese Elbow Macaroni Italian Green Beans 100% Whole Wheat Bread Cherry Apple Crisp	12 Breaded Fish Filet w/Tartar Sauce Potato Puffs California Blend Veg 12 Grain Bread Fruit Cocktail					
15 CRT CLOSED 	16 Orange Juice Hot Dog Hot Dog Roll Mustard/ Ketchup/Relish Vegetarian Baked Beans Sauerkraut Pears	17 Beef Vegetable Soup Tuna Fish Salad On Kaiser Roll Potato Wedges / Ketchup Sliced Tomato & Shredded Lettuce Pineapple Tidbits	18 Roast Turkey w/Gravy Cut Up Sweet Potatoes Capri Blend Vegetables Cranberry Sauce Wheat Dinner Roll Fresh Orange	19 Cran-Apple Juice Hamburger w/Broth Ketchup/Mustard/Relish Potato Salad Sliced Tomato & Leaf Lettuce On Multi Grain Bun Ice Cream Cup					
22 BBQ Pork Ribeye Confetti Rice Broccoli & Cauliflower Oatnut Bread Apple Sauce	23 Grape Juice Chicken Cacciatore Rotini w/Tomato Sauce Brussels Sprouts 100% Whole Wheat Bread Lemon Pudding w/Whipped Topping	24 French Onion Soup Beef Liver w/Sautéed Onions Mashed Potatoes Garden Blend Vegetables 12 Grain Bread Fresh Banana	25 Pot Roast w/Vegetable Gravy Parslied Boiled Potato Sliced Carrots Wheat Dinner Roll Peaches & Pears	26 Macaroni & Cheese Garden Salad w/Cherry Tomatoes, Cucumber & Onions Ranch Dressing Peas Wheat Dinner Roll Mandarin Oranges					
29 Grande Cheese Ravioli w/Italian Sauce Mixed Green with Tomatoes And Cucumbers Raspberry Vinaigrettes Dressing Caribbean Blend Veg Italian Bread Fresh Orange	30 Orange Pineapple Juice Beef Chili w/Beans Over Baked Potato Shredded Cheese Italian Green Beans Wheat Dinner Roll Frosted Cake	31 Six Bean Soup Roast Pork Hawaiian Style Brown & White Rice Medley California Normandy Saltine Crackers Peaches & Pears		 <p>"Today you are You, that is truer than true. There is no one alive who is Youer than You." - Dr. Seuss</p>					

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.
 All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)