








CRT SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR - APRIL-2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	Orange Juice Boneless Mandarin Chicken Fluffy Rice Oriental-Style Vegetables 100% Whole Wheat Bread Pears 	3 Spring Vegetable Soup Chef Salad w/Mixed Greens (Shredded Cheese/Turkey Ham/ Cooked Egg) Ranch Dressing Saline Cracker Wheat Dinner Roll Fresh Orange	4 Grape Juice Roast Beef w/Gravy Chive Mashed Potatoes Whole Baby Carrots 12 Grain Bread Cherry-Peach Crumble	5 Beef Vegetable Soup Grande Cheese Ravioli w/Italian Sauce Mixed Salad Greens w/Cherry Tomatoes, Cuc Raspberry Vinaigrettes Dressing Wheat Crackers Fruit Cocktail	6 Apple Juice Potato Crumbed Fish Au Gratin Potatoes California Normandy Veg. Oatnut Bread Pineapple tidbits & Mandarin Oranges Mix
9	Italian Style Meatballs w/Seashell Pasta in Marinara Sauce Italian Blend Veg. Whole Grain Bread Applesauce 	10 Farmer Brown Soup Hamburger w/Broth Potato Salad (Ketchup/Mustard/Relish) Sliced tomatoes & Lettuce Multigrain Bun Peaches 	11 NATIONAL BARBERSHOP QUARTET DAY Pink Lemonade Barbequed Pulled Pork On Wheat Bun / Tortellini Salad Red, Green, Purple Cabbage Cole Slaw Tapioca Pudding w/Whipped Topping Fresh Mandarin Orange	12 Orange-Pineapple Juice Barbecue Chicken Breast Mashed Potatoes Corn Wheat Dinner Roll Tropical Fruit 	13 Macaroni & Cheese Garden Salad w/Tomatoes & Cucumbers Italian Dressing Stewed Tomatoes 12 Grain Bread Fresh Banana 
16	Orange Juice Stuffed Green Pepper w/Tomato sauce Bowtie Pasta Capri Blend Vegetables 100% Whole Wheat Bread Fruit Cocktail	17 Rusian Cabbage Soup Kielbasa / Mustard Pierogies w/Onion Butter Sauce Brussels Sprouts Oatnut Bread Pineapples & Mandarins	18 Orange-Pineapple Juice Garden Salad Greens Cherry Tomatoes/Cucumbers/ Onions w/Grilled Chicken Strips- Shredded Cheese / Italian Dressing Wholegrain Saitines 100% Whole Wheat Bread Fresh Banana	19 Vegetable Soup Hot Dog Mustard/Relish/Ketchup Frankfurter Roll Vegetarian Baked Beans Sauerkraut Frosted Orange Cake	20 Grape Juice Roast Turkey w/Gravy Cornbread Stuffing Cranberry sauce Peas & Diced Carrots Wheat Dinner Roll Peaches
23	Orange Juice BBQ Pork Ribequ Sweet Potato Wedges Spinach Wheat Bread Pears 	24 Country Style Veg Soup Lasagna Roll-up w/Marinara Sauce Beef Meat Balls Broccoli & Cauliflower Club Roll Homemade Cookie	25 CRT MONTHLY BIRTHDAY ALL ARE "WELCOME" Apple Juice Baked Ham / Pineapple Sauce Brown & White Rice Scandinavian Blend Veg Oatnut Bread Fresh Banana FROSTED CAKE 	26 Turkey Veg Rice Soup Sloppy Joe (Ground Turkey) Wheat Hamburger Bun Tater Tots / Ketchup Sliced Carrots Wheat Saitines Peaches	27 Meatloaf w/Gravy Garlic Smashed Potato Cut Green Beans 100% Whole Wheat Bread Fresh Orange
30	Turkey Meat Balls in Sweet & Sour Sauce Confetti Rice Vegetable Medley 12 Grain Bread Tropical Fruit				

Please call 860-721-2955 one day in advance between 10am-12Noon to reserve a meal.



Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses. All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)